I'm Gonna Getcha Good



拍數: 32 牆數: 4 級數: Improver

編舞者: David J. McDonagh (WLS)

音樂: I'm Gonna Getcha Good! - Shania Twain



After the vocals "Let's Go", wait for 16 counts and then start the dance

2X WALKS, HEEL SWITCHES, HEEL SLIDES

1-2 ¼ turn right walking forward: right, left
3& Touch right heel forward, step right together
4& Touch left heel forward, step left together

5 Step right heel forward 6 Slide left together 7-8 Repeat (5-6)

Optional hands:

5 Push arms forward as if grabbing a chair

6 Replace arms

FRONT SAILORS, CROSS SHUFFLE, SLIDE

1&2 Cross-step right over left, step left to left side, step right to right side 3&4 Cross-step left over right, step right to right side, step left to left side

Steps 1-4 are traveling back slightly

5&6 Cross-step right over left, step left to left side, cross-step right over left

7-8 Step left to left side, slide right together

ROLLING VINE (1/4 OR 1 & 1/4), OUT-OUT, KNEES DOWN-UP

1-4 Rolling vine right ¼ or (1 & ¼) turns right stepping: right, left, right, left
5-6 Step right forward to right diagonal, step left forward to left diagonal
7-8 Bend both knees (raising heels), replace both knees (dropping heels)

Optional hands:

7 Right arm back, left arm forward

8 Hands back to normal

2X KICK BALL POINTS, CROSS UNWIND, TOE STRUT

1&2 Kick right forward, step right together, point left to left side 3&4 Kick left forward, step left together, point right to right side

5-6 Cross-step right over left, unwind ¾ a turn left

7-8 Two walks forward: right left

REPEAT

ALBUM VERSION RESTART 1

After wall 5, dance the first 12 counts of the dance (these 12 counts will be the beginning of wall 6). Restart the dance and this will be wall 7. (Lyrics: "I've already planned it")

ALBUM VERSION RESTART 2

During wall 12 dance up to the kick ball points (1-28) [facing the front]. Restart from the beginning. (Lyrics: "So don't try to run")

SINGLE VERSION RESTART 1

After wall 5, dance the first 20 counts of the dance (these 20 counts will be the beginning of wall 6). Restart the dance and this will be wall 7. (Lyrics: "I've already planned it")

SINGLE VERSION RESTART 2

During wall 13, dance the 1st (4) counts. Restart from the beginning. (Lyrics: "So don't try to run") Don't worry the lyrics are the same for both the Album version and the Single version. If you're on the dance floor and haven't got a clue which is which, then the immediate way to identify which is being played is by listening to the beginning of the track. On the Single Version, the beginning of the music will be Shania saying "Ah", then the beginning restarts and you then wait for the vocals "Let's Go". On the Album Version, the beginning of the music will be Shania saying "Let's Go" with NO "Ah"