I'm Gonna Be All Right



拍數: 0 牆數: 2 級數: Intermediate

編舞者: Sobrielo Philip Gene (SG)

音樂: I'm Gonna Be All Right - Jennifer Lopez



Sequence: AABB ABB AABB

Dedicated to all my line dancing friends in Singapore who have been supporting me in line dancing Esp: my God Father Kenny Teo, Uncle Chen, Aunty Mel, Aunty Belinda as long as you have trust in me I'm Gonna Be All Right

PART A

WALK TWICE, TRIPLE FULL TURN LEFT, ROCK RECOVER, STEP BACK, HIP ROLLS WITH 1/4 TURN LEFT WITH A SNAP

1-2 Step forward right, step forward left

3&4 Making ½ turn left stepping right back, making ½ turn left stepping left forward, step right

forward

Rock left forward, rock back on right, step to left (feet apart)

7&8 Full hip roll to the left as you make a ¼ turn left and lift hands up to head level and snap

fingers (weight on right)

SAILOR 1/4 TURN LEFT, FORWARD SHUFFLE, CROSS ROCK STEP LEFT, RIGHT

9-10 Step left behind right, making ¼ turn left step right forward, step left slightly forward

11&12 Step right forward, step left beside right, step right forward 13&14 Cross left over right, step right back, step left beside right 15&16 Cross right over left, step left back, step right beside left

ROCK ½ TURN LEFT RECOVER *2, ROCK RECOVER STEP, ROCK RECOVER SLIDE ¼ TURN LEFT, COASTER STEP

17& Rock forward on left, making a ½ turn left, rock back on right Rock forward on left, making a ½ turn left, rock back on right

19&20 Rock left forward, step back on right, step left beside right (weight on left)

Optional hand movement: open hands wide apart hip level on counts 17,18 and 19, place hands on hips on the & and 20 counts (as you turn)

21&22 Rock right behind left, recover on left, slide right to right while making 1/4 turn to the left

23&24 Step left behind, step right beside left, step left forward

SKATE, STOMP, TWIST, SHUFFLE FORWARD, ROCK FORWARD RECOVER

25-26 Skate right to right, stomp left to left

27-28 Twist feet to left making a ¼ turn left, twist feet to right making a ½ turn right (weight on left)

29&30 Step right forward, step left beside right, step right forward

Rock left forward, recover weight to right, step left beside right (feet apart, weight on left)

Optional hand movement: when doing step 31 with fists clenched punch hands out, steps &32 put both hands to the side with fists clenched slightly away from legs

PART B

2 TRAVELING KICKS, KICK POINT TURN 1/4 RIGHT, BEHIND SIDE CROSS, SQUAT, STAND WITH DIAGONAL 1/8

1&2& Kick right foot forward, step forward on right, kick left foot forward, step forward on left

3&4 Kick right forward, point right to back, make ¼ turn right (weight on left)

Step right behind left, step left to left, cross right over left

7&8 Step left foot apart to left, bend both knees outwards into squat position slapping hands down

onto thighs at same time, stand up while body facing diagonal 1/8 position

BOUNCE THREE TIMES, TURNING 1/8, COASTER STEP, ½ TURN STEP LEFT, FORWARD SHUFFLE

9&10	Bounce feet 3 times making 1/8 back to starting wall
11&12	Step left behind, step right beside left, step left forward
12011	Stan right forward make 1/ turn left weight on left, atom right

13&14 Step right forward make ½ turn left weight on left, step right forward

15&16 Step left forward, step right beside left, step left forward

While doing steps 9&10 rub your eyes as if you are crying when she sing "tears in my eyes"

ENDING

After doing the last B you should be facing the back wall. Make a half turn left stepping right to right, which will end you up to the front wall.