I'm Blue



拍數: 32 牆數: 4 級數: Improver

編舞者: David J. McDonagh (WLS)

音樂: Blue (Da Ba Dee) (Original Ice Pop 12-inch Mix) - Eiffel 65



Start dance on the vocals "I'm Blue", approximately 60 seconds from beginning. It would be prudent to fast-forward the track 55 seconds, and wind the music down after 4 minutes. Just before the 8-count tag, it feels like you should hold for (2) counts then go into the tag. Don't! The music will kick back in after 2 repetitions. The beat feels unusual and off beat, but when danced to the music, it feels a lot clearer

CLICK FINGERS UP-SIDE, TOUCH RIGHT 1/4 TURN, TOUCH LEFT 1/4 TURN

1 I'm touch right heel forward, clicking both fingers at head level

2 Blue touch right toe to right side, swinging arms downwards clicking fingers out to both sides

Drop arms here to sides as normal and continue

3-4 Touch right toe back, pivot ¼ turn right5-6 Touch left toe back, pivot ¼ turn left

MODIFIED CHASSE LEFT

1& Cross-step right behind left, step left to left side2& Cross-step right behind left, step left to left side

3 Cross-step right behind left

While doing the above (3) counts, pump shoulders up & down: right shoulder down with right foot, left shoulder down with left foot

SIDE TOUCHES, SIDE SWITCHES WITH A HITCH

1-2	I ouch left toe to left side, step left beside right
3-4	Touch right toe to right side, step right beside left
5&	Touch left toe to left side, step left beside right
6&	Touch right toe to right side, step right beside left
7&	Touch left toe to left side, step left beside right
8&	Touch right toe to right side, hitch/raise right knee

RIGHT CHASSE, LEFT CROSS CHASSE, HIP BUMPS RIGHT TWICE, LEFT CHASSE WITH 1/4 TURN

1&2 Step right to right side, step left beside right, step right to right side

3&4 Cross-step left over right, step right to right side, cross-step left over right

5&6& Step right to right side bumping hips right twice

7&8 Step left to left side, step right beside left, step left to left side turning a ¼ left

STEP 1/4 TURN TWICE, HAND WORK: CLAP, PUSHES

1-2 Step right forward, pivot a ¼ turn left 3-4 Step right forward, pivot a ¼ turn left

5 Bring left elbow inwards towards right, left hand at shoulder level, palm facing up, left fingers

pointing left. Clap right hand on top of left (right arm is now horizontal)

6-7 Keeping hands together, and arms level: push right elbow right twice

REPEAT

8-COUNT TAG

Do the following 8-count tag after 5th repetition, then continue dance as normal:

1-8 Right grapevine, walks or rolling grapevine

1-2 Step right to right side, cross-step left behind right

3-4 Step right to right side, touch left beside right

5-8 Traveling towards the front wall, either:

1. Walk forward: left(5), right(6), left(7), touch right beside left(8)

Or

2. Roll 1 & ¼ turns left stepping: left(5), right(6), left(7), touch right beside left(8)