

I'm Alive

拍數: 32 牆數: 4 級數: Beginner social cha
編舞者: Michael Seurer (USA)
音樂: I'm Alive - Céline Dion
或: Black Velvet - Robin Lee
或: Black Velvet - Alannah Myles
或: Mr. Right - Sean Kenny
或: Get Into Reggae Cowboy - The Bellamy Brothers



Intro - Begin on lyrics

CHA-CHA-CHA BASIC

1-2 Rock right forward, recover to left
3&4 Triple in place right-left-right
5-6 Rock left back, recover to right
7&8 Triple in place left-right-left

CROSS ROCK, CHA-CHA-CHA, CROSS ROCK, CHA-CHA-CHA TURN 1/4 LEFT

9-10 Cross/rock right over, recover to left
11&12 Triple in place right-left-right
13-14 Cross/rock left over, recover to right
15&16 Triple in place left-right-left turning 1/4 left (9:00)

WEAVE TO LEFT, CROSS ROCK, CHA-CHA-CHA

17-18 Cross right over, step left side
19-20 Cross right behind, step left side
21-22 Cross/rock right over, recover to left
23&24 Triple in place right-left-right

WEAVE TO RIGHT, CROSS ROCK, CHA-CHA-CHA

25-26 Cross left over, step right side
27-28 Cross left behind, step right side
29-30 Cross/rock left over, recover to right
31&32 Triple in place left-right-left

Begin Again

Last Update - 15 Apr 2022