

I'm A Slave 4 U

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Earleen Florka
音樂: I'm a Slave 4 U - Britney Spears



4 KNEE ROLL OUTS WITH HIPPS

- 1-2 Weight on left foot roll right knee out to right to the right with hip roll at same time, roll knee back in with hip roll to the left at same time
- 3-4 Roll left knee out to left with hip roll to the left at same time, roll knee back in with hip roll to the right at same time (left takes weight)
- 5-6 Pivoting on left foot $\frac{1}{4}$ turn to right, repeat 1-2
- 7-8 Repeat steps 3-4

RIGHT TOE TOUCH OUT/IN, 2 TAPS, STEP DOWN, LIFT LEFT KNEE UP, JAZZ BOX WITH LEAN

- 9-10 Touch right toe out to right, touch right toe next to left in-step
- 11&12 Tap right toe to right 2 times, step down on right at the same time lift left knee up
- 13-14 Step down on left (slightly lean to left), cross right over left
- 15-16 Step back on left, step out to the right on right foot (right takes weight)

STEP TOUCH FORWARD & BACK, STEP LEFT, THREE $\frac{1}{4}$ TURN HIP ROLLS LEFT (TOTALING $\frac{3}{4}$ TURN LEFT)

- 17-18 Step forward on left, touch right toe forward (when touching right toe forward, slightly leaning back and bringing arms forward at the time)
- 19-20 Step back on right, touch left toe back (when touching left toe back, slightly lean forward and bringing arms back at the same time)
- 21 Step down on left turning left foot $\frac{1}{4}$ turn to left
- 22 Touch right toe forward diagonally to your left at same time do a hip roll to the left $\frac{1}{4}$ turn to left (at same time pivoting on your left)
- 23 Touch right toe forward doing hip roll to the left $\frac{1}{4}$ turn to the left (at same time pivoting on left)
- 24 Repeat step 23 (left takes weight)

CUBAN MOTION HIPPS RIGHT, LEFT RIGHT-LEFT-RIGHT, CUBAN MOTION HIPPS LEFT, RIGHT, LEFT-RIGHT-LEFT

- 25 Step right to right side (use Cuban hip motion)
- 26 Step left next to right (use Cuban hip motion)
- 27&28 Step right, left, right (use Cuban hip motion, right takes weight)
- 29 Step left to left side (use Cuban hip motion)
- 30 Step left next to left (use Cuban hip motion)
- 31&32 Step left, right, left (use Cuban hip motion, left takes weight)

RIGHT HEAL JACK BACK TOGETHER, RIGHT HEAL JACK BACK, TOUCH, LIFT RIGHT FOOT, 2 STEP TOUCH TURNS RIGHT/LEFT

- &-33 Step back on right, touch left heel forward
- &-34 Step down on left bringing left back to center, touch right toe next to left
- &-35 Repeat &33
- &-36 Step down on left bringing left back to center, lift right foot up
- 37 Step $\frac{1}{4}$ turn to right on right while pivoting on left toe at same time
- 38 Touch left toe next to right while turning $\frac{1}{2}$ turn to left and pivoting on right
- 39 Step forward on left
- 40 Touch right toe next to left while turning $\frac{1}{2}$ turn to right

2 STEP TOUCH TURNS RIGHT/LEFT, 2 RIGHT TAPS, SLIDE LEAN RIGHT, SLIDE RIGHT TOE ¼ TURN NEXT TO LEFT

- 41 Step ½ turn to right on right (while pivoting on left toe at same time)
- 42-43 Repeat steps 38-39
- 44 Step ¼ turn to right while pivoting on left touch right toe next to left
- 45-46 Two right toe taps slightly to right
- 47 Slide right toe slightly to right (at same time leaning slightly to right with right knee bent and left leg straight but on an angle)
- 48 Slide right toe next to left while pivoting ¼ turn to left

REPEAT
