

I'll Survive (While The Wife's Away)

COPPER KNOB
BY STEPHEN BRETTS

拍數: 64 牆數: 4 級數: Improver
編舞者: Keith Davies (AUS)
音樂: While The Wife's Away - Michael Carr



RIGHT SIDE TOE STRUT, ROCK BACK; LEFT SIDE TOE STRUT, ROCK BACK

- 1-2 Step right toe to right side, lower weight onto right heel
- 3-4 Step back on left behind right, rock weight forward onto right
- 5-6 Step left toe to left side, lower weight onto left heel
- 7-8 Step back on right behind left, rock weight forward onto left

STOMP RIGHT, STOMP LEFT; SWIVET RIGHT, SWIVET LEFT, SWIVET RIGHT

- 1-2 Stomp right slightly to right side, stomp left slightly to left side
- 3-4 Right swivet: with weight on right heel/left toe twist to face 45 degrees right; return
- 5-6 Left swivet: with weight on left heel/right toe twist to face 45 degrees left; return
- 7-8 Right swivet: with weight on right heel/left toe twist to face 45 degrees right; return

BACK RIGHT & SCOOT, BACK LEFT & SCOOT; REPEAT

- 1-2 Step back right, hitch left knee and scoot back on right
- 3-4 Step back left, hitch right knee and scoot back on left
- 5-8 Repeat the above 4 counts

RIGHT FORWARD LOCK WITH SCUFF; LEFT FORWARD LOCK WITH SCUFF

- 1-4 Step forward right 45 degrees, step left behind right, step forward right 45 degrees, scuff left
- 5-8 Step forward left 45 degrees, step right behind left, step forward left 45 degrees, scuff right

RIGHT ROCKING CHAIR, TWO LEFT ¼ PADDLE TURNS

- 1-4 Step forward right, rock back onto left, step back right, rock forward onto left
- 5-8 Step forward right turning ¼ turn left, shift weight onto left, step forward right turning ¼ turn left, shift weight onto left

RIGHT SAILOR, HOLD & CLAP; LEFT SAILOR, HOLD & CLAP

- 1-4 Step right behind left, step left to left side, step right to right side, hold & clap
- 5-8 Step left behind right, step right to right side, step left to left side, hold & clap

KICK RIGHT, KICK LEFT, HOLD, COASTER, HOLD

- 1-4 Kick right across left, replace right, kick left across right, hold (with left foot in the air)
- 5-8 Coaster: step back left, step right together, step left forward, hold

KICK RIGHT, KICK LEFT, HOLD, COASTER, HOLD

- 1-4 Kick right across left, replace right, kick left across right, hold (with left foot in the air)
- 5-8 Coaster: step back left, step right together, step left forward, hold

REPEAT

RESTARTS

During the third sequence (facing the front) restart the dance after the first 16 counts, i.e., after the swivets. Dance one more complete sequence. At the end of the instrumental (facing the back) restart the dance after 36 counts, i.e., after the rocking chair.