I'll Be Yours '99

COPPER KNOB

拍數: 0

牆數: 4

級數: Intermediate/Advanced line/contra dance



編舞者: Ton van Dieren (NL) 音樂: I'd Be Yours - Ilse DeLange

Sequence: AB-AC-AC-A.

SECTION A

STEP RIGHT BACK, TOUCH HEEL, TOGETHER, CROSS SHUFFLE LEFT WITH RIGHT

- & Step right diagonally back
- 1-2 Touch left heel diagonally forward, step left together
- 3&4 Cross right over left, step left to side, cross right over left

STEP LEFT BACK, TOUCH HEEL, TOGETHER, CROSS SHUFFLE RIGHT WITH LEFT

- & Step left diagonally back
- 5-6 Touch right heel diagonally forward, step right together
- 7&8 Cross left over right, step right to side, cross right over left

Optional arm movements for 1 and 5: arms to side

2X TOUCH RIGHT TO RIGHT, TURN ¼ & KICK (TWICE), TURN ½, BALL-STEP RIGHT TOGETHER

- 9& Touch right toe to side, turn ¼ right and kick right forward
- 10& Touch right toe to side, turn ¼ right and kick right forward
- 11& Touch right toe to side, kick right forward
- 12 Turn ¹/₂ right and step right together

SHUFFLE LEFT WITH ¼ RIGHT, ROCK RIGHT BACK, RECOVER

- 13&14 Step left to side, step right together, turn ¼ right and step left back
- 15-16 Rock right back, recover to left
- 17-32 Repeat steps 1-16

SECTION B

TOUCH RIGHT TO RIGHT, 2:00 DIAGONAL RUNNING MAN MOVES Start with slide right back & cross left for right) with holds on counts 2, 4 and 6 Rock forward left (9), rock right in place (10) Do steps 1-10 on the 2:00 diagonal

- 1-2 Touch right to side, hold
- &3-4 Slide/step right back, cross left over right, hold
- &5-6 Hop left back, step right forward, hold
- &7 Hop right back, step left forward
- &8 Hop left back, step right forward
- &9 Hop right back, rock left forward
- 10 Recover to right

SHUFFLE LEFT ¼ LEFT, STEP RIGHT FORWARD, TURN ¼ LEFT, STEP RIGHT FORWARD, TURN ½ LEFT

- 11&12 Shuffle to side turning ¼ left stepping left, right, left
- 13-14 Step right forward, turn ¼ left (weight to left)
- 15-16 Step right forward, turn ½ left (weight to left)

SECTION C

- 1-10 Repeat counts 1-10 of SECTION B
- 11&12 Shuffle to side left, right, left

2X CROSS RIGHT OVER LEFT, TURN ½ LEFT, TURN HIPS LEFT CIRCLE AROUND

- 13-14 Cross right over left, unwind ½ left
- 15-16 Hold (weight to left)

During 15-16, rotate your hips a full circle around to the left

- 17-20 Repeat steps 13-16 (weight to left)
- 21 Turn ½ left and step right to side
- 22 Hold

On count 22, place your hands forward (like pushing a door)

2X TOUCH LEFT SIDE, HOLD, & STEP LEFT NEXT RIGHT CROSSING SHUFFLE RIGHT ½ TURN LEFT

- 23-24 Touch left toe to side, hold
- &25 Step left together, cross right over left
- & Turn ¼ left and cross left behind right
- 26 Turn ¼ right and step right forward
- 27-32 Repeat steps 23-26

33-34 Step left to side, hold

- 35-36 Turn ¹/₂ right and slide/touch right together
- 37 Step right back
- 38-40 Hold

During 38-39, rotate your hips around to the left

41 Step right forward

Point finger forward. That's when she sings "I'll be yours"

- 42 Hold
- 43-58 Repeat counts 3-16 from SECTION B

REPEAT