

I'll Be Okay

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Susan Byrne (AUS)
音樂: I'll Be Okay - Amanda Marshall



ROCK STEP, SHUFFLE ½ TURN RIGHT, ROCK STEP, SHUFFLE ½ TURN RIGHT

- 1-2 Rock forward on to left, rock back onto right
3&4 Step left back, pivot ½ turn right stepping onto right, step forward left
5-6 Rock forward on to right, rock back onto left
3&4 Step right back, pivot ½ turn right stepping onto left, step forward right (weight ends on right)

PENDULUM STEP RIGHT-LEFT, ½ BACKWARD PIVOT TURN RIGHT, HEEL BALL CHANGE

- 9-10 Step left to left side, step right in place
&11-12 Step left next to right, step right to right side, step left in place
13-14 Step/cross right behind left, pivot ½ turn right, touch right heel forward
&15-16 Step backwards onto ball of right, quickly step forward on left, touch right heel forward
(weight ends on right)

BALL CHANGE, ¼ PIVOT TURN, SWIVEL HEELS, CROSS/STEP VINE, ½ TURN RIGHT, SWIVEL HEELS, ¼ PIVOT TURN LEFT, KICK LEFT FORWARD, SHUFFLE BACK

- &17-18 Step back on right, step quickly forward onto left, pivot ¼ turn right swiveling both heels to the right
&19&20 Small hop/step onto right, cross left behind right, small hop/step onto right, cross left over right
21-22 Pivoting on both feet turn ½ right, swivel both heels right, pivoting on right turn ¼ left, kick left leg forward (weight is backwards on right foot)
&23&24 Step left foot backwards, step right next to left, step left foot backwards (weight ends on left)

WALK RIGHT-LEFT, BALL CROSS, WALK LEFT-RIGHT, BALL CROSS

- 25-26 Step right to right side, cross left over right
27&28 Step right to right side, step left in place, cross right over left
29-30 Step left to left side, cross right over left
31&32 Step left to left side, step right in place, cross left over right (weight ends forward on right)

RIGHT SYNCOPATED SAILOR SHUFFLE, LEFT SYNCOPATED SAILOR SHUFFLE. ¼ TURN, ¼ TURN, STEP RIGHT, STEP LEFT

- 33&34 Step right to right side, cross left behind right, step right to right side
35&36 Step left to left side, cross right behind left, step left to left side
37-38 Step right ¼ turn to right, step left forward turning ¼ turn right
39-40 Step right in place, step/cross left in front of right (weight ends forward on right)

RIGHT SYNCOPATED SAILOR SHUFFLE, LEFT SYNCOPATED SAILOR SHUFFLE. ¼ TURN, ¼ TURN, STEP RIGHT, STEP LEFT

- 41&42 Step right to right side, cross left behind right, step right to right side
43&44 Step left to left side, cross right behind left, step left to left side
45-46 Step right ¼ turn to right, step left forward turning ¼ turn right
47-48 Step right in place, step/cross left in front of right (weight ends forward on right)

CROSS BALL CHANGE WITH HOLD & FINGER SNAPS, ¾ TURN RIGHT WITH CROSS BALL CHANGE

- &49-50 (Moving slightly to right) tap right ball behind left, cross/step left in front of right, hold & snap fingers

- &51-52 (Moving slightly to right) tap right ball behind left, cross/step left in front of right, hold & snap fingers
- &53&54 (Beginning a $\frac{3}{4}$ turn to right) tap right ball behind left, cross/step left in front of right, tap right ball behind left, cross/step left in front of right
- &55&56 Tap right ball behind left, cross/step left in front of right, tap right ball behind left, cross/step left in front of right (weight ends on right)

JIVE SWIVEL $\frac{1}{4}$ TURNS FORWARD & BACK, $\frac{1}{2}$ TURN, WALK FORWARD LEFT-RIGHT

- 57-58 Turn a $\frac{1}{4}$ turn left pivoting on ball of left, touch right toe to side, turning $\frac{1}{4}$ turn right step left next to right
- 59-60 Turn a $\frac{1}{4}$ turn left pivoting on ball of right, touch left toe to side, turning $\frac{1}{4}$ turn left step left next to left
- 61-62 Turn a $\frac{1}{4}$ turn left pivoting on ball of left, touch right toe to side, turning $\frac{1}{4}$ turn right step left next to right
- 63-64 Pivoting on right, turn $\frac{1}{2}$ left, step forward left-right (weight ends on right)

REPEAT
