

I'll Be Ok (P)

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 0 級數: Partner
編舞者: Chris Shiells (UK)
音樂: Down Louisiana Way - George Strait



Position: Sweetheart Position facing LOD. Steps are the same unless stated otherwise

ROCK LEFT FORWARD, BACK LEFT SHUFFLE, ROCK RIGHT FORWARD, ¼ TURN RIGHT

1-2 Rock forward on left foot, recover on right foot
3-4 Rock back on left foot, recover on right foot
5&6 Left shuffle forward
7-8 Rock forward on right foot, recover on left turning ¼ turn right

Facing OLOD man behind lady

RIGHT VINE, HIP BUMPS

1-4 Step right to side, left behind, step right to side touch left beside right
5-8 Step left foot to side bump hips left, right, left, right and lift right foot slightly of the floor

LEFT VINE (LADY TURNS ½ LEFT) HIP BUMPS

MAN:

1-4 Step left foot to side, right foot behind, step left foot to side, touch right foot beside left
5-8 Step right foot to side bump hips right, left, right left and hitch right foot

LADY:

1-4 Step left foot to side, right foot behind left, step left foot turning ½ left stepping on right foot, lifting right hand and turning under lifted arms keeping hold of both hands

You should be facing your partner with hands crossed right over left

5-8 Step left to side bump hips left, right, left, right and hitch left foot

Lady and gent now on opposite feet

CHASSE RIGHT, ¼ TURN RIGHT, ¼ TURN LEFT, CHASSE LEFT, ¼ TURN LEFT

MAN:

1&2 Step right to right side, step left beside right, step right to right side
3-4 Turning ¼ turn left rock back on left foot, recover on right
5&6 Turning ¼ turn right, step left to left side, step right beside left, step left to left side
7-8 Turning ¼ turn right, rock right back, recover on left (lady does a left coaster step while the man does the rock back)

Lady and man on same foot

MAN:

RIGHT SHUFFLE FORWARD, LEFT PIVOT ½ TURN RIGHT, WALK LEFT, RIGHT, LEFT KICK RIGHT

1&2 Right shuffle forward
3-4 Left pivot ½ turn right, letting go of left hands turning under right hands
5-8 Walk forward left, right, left, kick right

RIGHT SHUFFLE BACK, ROCK BACK, WALK LEFT, RIGHT, LEFT KICK RIGHT

1&2 Right shuffle backwards
3-4 Rock back on left recover on right foot
5-8 Walk forward on left, right, left kick right

LADY:

1&2 Right shuffle forward
3-4 Rock forward on left, recover on right
5-8 Walk back left, right, left, kick right

1&2 Right shuffle forward
3-4 Left pivot ½ turn right turning under mans right arm returning to sweetheart position

5-8 Walk forward left, right, left, scuff right

BOTH:

RIGHT AND LEFT JAZZ BOXES WITH SCUFFS

1-4 Step right foot across left, step right foot back, step right foot to right side, scuff left foot

5-8 Step left foot across right, step right foot back, step left foot to side, scuff right foot

WALK RIGHT, LEFT RIGHT KICKBALL TWICE, STEP RIGHT TOUCH LEFT

1-2 Walk forward on right and left

3&4 Right kickball change

5&6 Right kickball change

7-8 Step right foot forward, scuff left foot

REPEAT
