

# It Already Hurts

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Peter Fry (AUS)  
音樂: It Already Hurts - Fisk and Cristian



- 1-2&3      Touch left toe to left side, drop left heel down, step right beside left, touch left toe to left side  
4&5-6      Drop left heel down, step right beside left, step left to left side, cross right over left  
7-8      Replace weight back onto left, ¼ turn right step right forward
- 1-2-3      ½ turn right step left back, ½ turn right step right forward, rock forward left, rock back onto right  
4-5-6-7-8      Step back left, rock forward onto right, step left forward, pivot ½ turn right end weight on right
- &1-2-3-4      Step left beside right, step right forward, pivot ½ turn left, rock forward right, rock back onto left  
5-6-7      ½ turn right step right forward, ¼ turn right step left to left side, touch right toe behind left  
8      Unwind ¾ turn right end with weight on right
- &1-2-3-4      Step left beside right, step right forward, step left forward, pivot ½ turn right, step left forward  
5-6&7      Replace weight back onto right, step left back, step right beside left, touch left toe back  
8      ½ turn left ending with weight on left
- 1-2-3-4      Rock right to right side, replace back to left, step right across left, touch left toe to left side  
&5-6-7-8      Step left beside right, cross right over left, rock left to left side, replace back to right, step left behind right  
&      Step right to right side
- 1-2-3-4      Step left forward, replace back onto right, making ½ turn left step left forward, step right forward  
5-6&      Rock back onto left, making ½ turn right step right forward, making ½ turn right step left back  
7-8      Step right back, hook left up in front of right
- 1-2-3      Step left forward, ¼ turn left step right to right side, ½ turn left step left to left side  
4-5-6      ¼ turn right step right forward, ½ turn right step left back, ¼ turn right step right to right side  
7-8      Cross left over right, touch right to right side
- 1-2-3&      Cross right over left, unwind ½ turn left end weight on right, cross left over right, step right to right side  
4-5-6-7      Cross left over right, ¼ turn right step right forward, ½ turn right step left back, ½ turn right, step right forward  
8      Touch left beside right

## REPEAT

## RESTART

On wall 2, restart after 36 counts

## TAG

At the end of wall 4 do 4 hip sways (left, right, left, right) taking up 4 counts before starting dance again