

It Already Hurts

COPPER **KNOB**
BY STEPHEN BATES

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Peter Fry (AUS)
音樂: It Already Hurts - Fisk and Cristian



- 1-2&3 Touch left toe to left side, drop left heel down, step right beside left, touch left toe to left side
4&5-6 Drop left heel down, step right beside left, step left to left side, cross right over left
7-8 Replace weight back onto left, ¼ turn right step right forward
- 1-2-3 ½ turn right step left back, ½ turn right step right forward, rock forward left, rock back onto right
4-5-6-7-8 Step back left, rock forward onto right, step left forward, pivot ½ turn right end weight on right
- &1-2-3-4 Step left beside right, step right forward, pivot ½ turn left, rock forward right, rock back onto left
5-6-7 ½ turn right step right forward, ¼ turn right step left to left side, touch right toe behind left
8 Unwind ¾ turn right end with weight on right
- &1-2-3-4 Step left beside right, step right forward, step left forward, pivot ½ turn right, step left forward
5-6&7 Replace weight back onto right, step left back, step right beside left, touch left toe back
8 ½ turn left ending with weight on left
- 1-2-3-4 Rock right to right side, replace back to left, step right across left, touch left toe to left side
&5-6-7-8 Step left beside right, cross right over left, rock left to left side, replace back to right, step left behind right
& Step right to right side
- 1-2-3-4 Step left forward, replace back onto right, making ½ turn left step left forward, step right forward
5-6& Rock back onto left, making ½ turn right step right forward, making ½ turn right step left back
7-8 Step right back, hook left up in front of right
- 1-2-3 Step left forward, ¼ turn left step right to right side, ½ turn left step left to left side
4-5-6 ¼ turn right step right forward, ½ turn right step left back, ¼ turn right step right to right side
7-8 Cross left over right, touch right to right side
- 1-2-3& Cross right over left, unwind ½ turn left end weight on right, cross left over right, step right to right side
4-5-6-7 Cross left over right, ¼ turn right step right forward, ½ turn right step left back, ½ turn right, step right forward
8 Touch left beside right

REPEAT

RESTART

On wall 2, restart after 36 counts

TAG

At the end of wall 4 do 4 hip sways (left, right, left, right) taking up 4 counts before starting dance again