It Ain't What You Do



編舞者: Karen Looker (UK)

音樂: It Ain't What You Do It's the Way That You Do It - Fun Boy Three & Bananarama



WALK RIGHT, LEFT, RIGHT SHUFFLE, LEFT FORWARD MAMBO, RIGHT BACK MAMBO

1-2 Walk forward right, walk forward left

Option - swing arms and click fingers as you are walking

Step right forward, step left next to right, step right forward
 Rock left forward, recover weight on right, step left next to right
 Rock right back, recover weight on left, step right next to left

WALK LEFT, RIGHT, LEFT SHUFFLE, CROSS, BACK, BACK, TOUCH

1-2 Walk forward left, walk forward right

Option - swing arms and click fingers as you are walking

3&4 Step left forward, step right next to left, step left forward

5-8 Cross step right over left, step left back, step right back, touch left next to right

Option - slap hands on sides of thighs as you touch

SIDE CHASSE, ROCK BACK AND RIGHT SIDE, BEHIND, SIDE, CROSS SHUFFLE

Step left to left side, step right next to left, step left to left side
Rock right behind left, recover weight on left, step right to right side
Cross step left behind right, step right to right side

7&8 Cross left over right, step right to right side, cross left over right

SIDE ROCK, RECOVER, RIGHT COASTER STEP, STEP ½ PIVOT, LEFT SHUFFLE

1-2 Rock right to right side, recover weight on left

3&4 Step right back, step left beside right, step right forward

5-6 Step left forward, pivot ½ turn to right

7&8 Step left forward, step right next to left, step left forward

REPEAT