It Ain't Easy (P)

拍數: 32

級數: Partner

編舞者: Nigel Payne (UK) & Barbara Payne (UK)

牆數: 0

音樂: If It Don't Come Easy - Tanya Tucker

Position: Both facing OLOD man behind lady, hands held at shoulder height. Footwork the same for both partners

GRAPEVINE LEFT, SCUFF

1-4 Step left to left side, cross right behind left, step left to left side, scuff right,

RIGHT SIDE-BEHIND-SIDE, ¼ TURN LEFT WITH KICK,

- 5-7 Step right to right side, cross left behind right, step right to right side
- 8 On ball of right pivot ¼ turn left kicking left forward as you turn

Now facing LOD, hands in sweetheart

WALK BACK, HOLD, SLOW COASTER STEP, SCUFF LEFT

- 9-12 Walk back left, right, left, hold
- 13-16 Step back on right, step left beside right, step forward on right, scuff left foot forward

LEFT STEP-LOCK-STEP, SCUFF, RIGHT STEP-LOCK-STEP, SCUFF

- 17-20 Step forward on left, lock right behind left, step forward on left, scuff right
- 21-24 Step forward on right, lock left behind right, step forward on right, scuff left

STEP, PIVOT ½ TURN RIGHT, STEP, HOLD

25-28 Step forward on left, pivot ½ turn right, step forward on left, hold

STEP, PIVOT ¼ TURN LEFT, STOMP RIGHT BESIDE LEFT, HOLD

29-32 Step forward on right, pivot ¼ turn left, stomp right beside left, hold **Now back in starting position facing OLOD, weight on right**

REPEAT



