

It Ain't A Party

拍數: 64 牆數: 2 級數:
編舞者: Leonie Smallwood (AUS)
音樂: It Ain't A Party - Leesa Gentz



1-2 Step right foot to right, rocking weight onto right foot, step left foot in place, rocking weight onto left foot

EXTENDED VINE LEFT

3-8 Step right foot across in front of left foot, step left foot to left, step right foot across behind left foot, step left foot to left, step right foot across in front of left foot, scuff left foot forward beside right foot

9-12 Step left foot forward, pivot $\frac{1}{2}$ turn right, repeat (full turn total)

13-14 Stomp left foot beside right foot twice

&15-16 Step left foot back (count" &"), step right foot in place, scuff left foot forward beside right foot

17-20 Touch left heel forward, touch left toe across in front of right, unwind $\frac{1}{4}$ turn right (2 beats)

21-24 Repeat last 4 beats

25-28 Touch left heel forward, hold, touch left toe beside right, hold

29-32 Touch left toe to left, touch left toe beside right, placing left heel down while raising right heel and bending right knee, transfer weight to left foot, hold

33-36 Vine right (right-left-right) on a forward right diagonal, touch left foot beside right foot

37-40 Vine left (left-right-left) on a forward left diagonal, touch right foot beside left foot

41-44 Step right foot back diagonally right, touch left beside right step left foot back diagonally left, touch right beside left

45-48 Repeat last 4 counts

49-52 Touch right heel forward, touch right toe beside left foot, touch right heel to right side, touch right toe beside left foot

53-54 Touch right heel forward, touch right toe back,

55&56 Touch right heel forward, step right foot beside left, step left foot slightly forward (heel ball changes)

57-60 Right heel/toe strut forward, left heel/toe strut forward (click fingers with each "toe")

61-64 Leap forward onto right foot, stomp left foot forward, (kicking your heels up behind you as you jump) click fingers twice

REPEAT

On the 3rd wall after the first chorus in the music, do the 16 beats made up of diagonal vines and step-touches backwards twice. Each time you finish the dance facing the front ad-lib for 4 beats. Suggested fillers; hip bounces, hip rolls, shoulder shimmies, stomps & claps.

