

Isle Of Capri

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: BM Leong (MY)
音樂: Isle Of Capri



CHA-CHA BOX STEPS

1-2 Step left to left side, step right together
3&4 Forward shuffle on left-right-left
5-6 Step right to right side, step left together
7&8 Back shuffle on right-left-right

FORWARD AND BACK HIP BUMPS, DOUBLE LEFT HIP ROLLS

1-4 Step left back bumping hips back, forward, back, forward
5-8 Step left forward bumping hips forward, back, forward, back

SIDE, TOGETHER, SIDE SHUFFLE, BACK, RECOVER, SIDE SHUFFLE

1-2 Step left to left side, step right together
3&4 Left chasse
5-6 Cross right behind left, recover onto left
7&8 Right chasse

BEHIND, SIDE, STEP, QUARTER TURN LEFT, FORWARD SHUFFLE, ROCK, RECOVER

1-2 Cross left behind right, step right to right side
3-4 Step left forward, ¼ turn left hitching right
5&6 Forward shuffle on right-left-right
7-8 Rock left forward, recover onto right

REPEAT
