

Island Stream

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Simon Whincup (UK)
音樂: Islands in the Stream - Dolly Parton & Kenny Rogers



TUSH PUSH HEELS

1 Touch right heel forward
2 Bring right back in place
3-4 Touch right heel forward twice
&5 Bring back in place and touch left heel forward
6 Bring left back in place
7-8 Touch heel forward twice

HEEL SWITCHES

&9 Bring left back in place and touch right heel forward
&10 Bring right back in place touch left heel forward
&11 Bring left back in place and touch right heel forward
12 Hold for a beat

STEP LOCK STEP, ½ TURN (LEADING WITH RIGHT)

13 Step right forward
14 Bring left foot up behind right in a lock step
15 Step right forward
16 ½ turn pivot (or spin) on ball of right foot

ROCK BACK & SHUFFLE

17 Rock back on left foot
& Take left foot forward
18-20 Shuffle forward left (going forward left, right, left)

ROCK SIDE, CROSS & CROSS, ROCK

23 Rock right to right side
& Cross right over left
24 Cross step right over left
& And step left to side (slightly)
25 Cross step right over left
& Rock left too side

ROCK SIDE, CROSS & CROSS, ROCK

26 Rock back on right
& Cross left over right
27 Cross step left over right
& And step right to side (slightly)
28 Cross step left over right
& Rock right too side

ROCK & KICK BALL CHANGE

29 Rock left too left side
30-32 Right kick ball change (kick right forward, change weight on ball of left foot and step right in place).

REPEAT
