

Island Mixer (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Pete McCracken (USA) & Wanda McCracken (USA)
音樂: Island - Eddy Raven



Position: Closed dance position with man facing RLOD

LADY'S STEPS

INTRO

This first section is done only once at beginning of dance, start after first eight counts of introduction.

BREAK, ROCK, CHA-CHA-CHA, BREAK, ROCK, CHA-CHA-CHA

- 1 Right break back
- 2 Rock forward on left
- 3&4 Cha-cha-cha (right-left-right) in place
- 5 Left break forward
- 6 Rock back on right
- 7&8 Cha-cha-cha (left-right-left) in place

THE MAIN DANCE

Remainder of dance starts here

BREAK, ROCK, ½ TURN CHA-CHA-CHA, WALK, WALK, CHA-CHA-CHA

- 9 Right step back
- 10 Left rock forward in place
- 11&12 Turning ½ left, right step back diagonally right; turning ½ left; left step in LOD right step next to left
- 13 Left step forward
- 14 Right step forward
- 15&16 Cha-cha-cha (left-right-left) moving slightly forward

Lady can do an additional turn on counts 12 and 13 in which case Man would 'halo' Lady's head with his Left Hand as she turns.

BREAK, ROCK, CHA-CHA-CHA, ¼ TURN, ½ TURN, CHA-CHA-CHA

- 17 Right break forward extending right hand forward on man's left
- 18 Rock back on left turning ¼ right to face partner in two hand open position
- 19&20 Cha-cha-cha (right-left-right) in place
- 21 Turning ¼ right (facing RLOD) step left releasing right hand and extending left hand in RLOD on man's right hand
- 22 Turning ½ left (facing LOD) step back right releasing left hand and recovering right hand on man's left extended in LOD
- 23&24 Cha-cha-cha (left-right-left) moving slightly backward

BREAK, ROCK, CHA-CHA-CHA, FULL TURN, CHA-CHA-CHA

- 25 Right step back
- 26 Left rock forward
- 27&28 Cha-cha-cha (right-left-right) moving slightly forward
- 29 Turning ½ right, left step back
- 30 Turning ½ right, right step forward
- 31&32 Cha-cha-cha (left-right-left) moving slightly forward

BREAK, ROCK, CHA-CHA-CHA, PARTNER CHANGE WITH TURNS

- 33 Right step forward
- 34 Left rock back turning ¼ right into open two hand position
- 35&36 Cha-cha-cha (right-left-right)

- 37 Turning ½ left, right step in LOD
 38 Turning ¾ left, left step in LOD
 39&40 Joining new partner in closed position, cha-cha-cha (left-right-left) in place

REPEAT

MAN'S STEPS

INTRO

This first section is done only once at beginning of dance, start after first eight counts of introduction.

BREAK, ROCK, CHA-CHA-CHA, BREAK, ROCK, CHA-CHA-CHA

- 1 Left break forward
 2 Rock back on right
 3&4 Cha-cha-cha (left-right-left) in place
 5 Right break back
 6 Rock forward on left
 7&8 Cha-cha-cha (right-left-right) in place

THE MAIN DANCE

Remainder of dance starts here

BREAK, ROCK, ½ TURN CHA-CHA-CHA, WALK, WALK, CHA-CHA-CHA

- 9 Left step forward
 10 Right rock back slightly to right
 11&12 Left step diagonally left starting ½ left turn releasing right hand and left hand holding lady's right hand; right step next to left continuing turn; left step next to right facing LOD holding lady's right hand in man's left extended forward in LOD
 13 Right step forward
 14 Left step forward
 15&16 Cha-cha-cha (right-left-right) moving slightly forward

Lady can do an additional turn on counts 12 and 13 in which case Man would 'halo' Lady's head with his Left Hand as she turns.

BREAK, ROCK, CHA-CHA-CHA, ¼ TURN, ½ TURN, CHA-CHA-CHA

- 17 Left break forward extending left hand forward
 18 Rock back on right turning ¼ left to face partner in two hand open position
 19&20 Cha-cha-cha (left-right-left) in place
 21 Turning ¼ left (facing RLOD) step right releasing left hand and extending right hand to RLOD
 22 Turning ½ right (facing LOD) step back left releasing right hand and recovering lady's right with left hand extended in LOD
 23&24 Cha-cha-cha (right-left-right) moving slightly backward

BREAK, ROCK, CHA-CHA-CHA, FULL TURN, CHA-CHA-CHA

- 25 Left step back
 26 Right rock forward
 27&28 Cha-cha-cha (left-right-left) moving slightly forward
 29 Turning ½ left, right step back
 30 Turning ½ left, left step forward
 31&32 Cha-cha-cha (right-left-right) moving slightly forward

BREAK, ROCK, CHA-CHA-CHA, PARTNER CHANGE WITH TURNS

- 33 Left step forward
 34 Right rock back turning ¼ left into open two hand position
 35&36 Cha-cha-cha (left-right-left)
 37 Turning ¼ right, right step in place
 38 Turning ½ right, left step forward(RLOD) to new partner
 39&40 Joining new partner in closed position, cha-cha-cha (right-left-right) in place

REPEAT
