Island Cha-Cha



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Johnny Montana (USA) 音樂: Island - Eddy Raven



SIDE, ROCK, REPLACE, CHA-CHA

1-2 Step to left side onto left foot, step back onto right foot and rock

3-4& Step onto left foot (replace weight), step to right side onto right foot, slide left foot next to right

and step

SIDE, CROSS ROCK, REPLACE, CHA-CHA

5-6 Step to right side onto right foot, step forward and across right onto left foot and rock

7-8& Step onto right foot (replace weight), step to left side onto left foot, slide right foot next to left

and step

TURN, TURN, BACK, BACK-TOGETHER

9-10 Make a ¼ turn to left (to the left) and step forward onto left foot, step forward onto right foot

and pivot ½ turn left (to the left)

11-12& Step back onto left foot, step back onto right foot, step onto sole of left foot next to right

FORWARD, TURN, BACK, BACK-TOGETHER

13-14 Step forward onto right foot, step forward onto left foot and make a ½ turn right (to the right) 15-16& Step back onto right foot, step back onto left foot, step onto sole of right foot next to left

FORWARD, CROSS ROCK, REPLACE, CHAINEE' TURN

17-18 Step forward onto left foot, step forward and across left onto right foot and rock

19-20& Step onto left foot (replace weight), step to right side onto right foot into a ¼ turn to right (to

the right), step onto sole of left foot next to right and pivot \(\frac{3}{4} \) turn right(to the right)

SIDE, CROSS ROCK, REPLACE, CHA-CHA

21-22 Step to right side onto right foot, step forward and across right onto left foot and rock

23-24& Step onto right foot (replace weight), step to left side onto left foot, slide right foot next to left

and step

TURN, TURN, TURN, FORWARD-TOGETHER

25-26 Make a ¼ turn to left (to the left) and step forward onto left foot, step forward onto right foot

and pivot ½ turn left (to the left)

27-28& Step back onto left foot and pivot ½ turn left (to the left), step forward onto right foot, step

onto sole of left foot next to right

BACK, BACK, TURN/ROCK, CHA-CHA

29-30 Step back onto right foot, step back onto left foot

31-32& Make a ¼ turn right (to the right) and step to right side onto right foot and rock, step to left

side onto left foot, slide right foot next to left and step

REPEAT