Island Beat

COPPER KNOB

拍數: 32

級數:

編舞者: Susan Brooks (USA)

音樂: Cannibal - Buster Poindexter

Position: Done in off-set contra lines or in a circle

- 1-4 Bump hips right, right, left, left as you roll hand up twice and down twice as you bend body up then down
- 5-8 Vine right, touch left and bump hips right and clap

牆數:2

- 9-12 Repeat 1-4 reversing hip movement
- 13-16 Vine left, ¼ turn left-touch right/clap and bump left

LINES CROSS

- 17-18 Side step right, step left behind right
- 19-20 Side step right, step left across right
- 21-22 Step forward right and sway hips right, pivot 1/8 left and sway hips left
- 23-24 Step forward right and sway hips right, pivot 1/8 left and sway hips left

Now facing opposite line

- 25-27 Step forward right, left, right
- 28 Kick forward left-slap hands with 2 people in opposite line and yell "hey mon"
- 29-31 Step back left, right, left
- 32 Touch right and yell "go mon"

REPEAT



