

# Is It Strong Enough?

拍數: 64      牆數: 1      級數: Improver rumba  
編舞者: Lisa Ferguson (UK)  
音樂: Strong Enough - Alan Jackson



## RIGHT VINE, SCUFF, LEFT VINE, SCUFF

1-2      Step right to right side, cross left behind right  
3-4      Step right to right side, scuff left  
5-6      Step left to left side, cross right behind left  
7-8      Step left to left side, scuff right

## RUMBA BOX

1-2      Step right to right side, step left beside right  
3-4      Step back right, hold  
5-6      Step left to left side, step right beside left  
7-8      Step left forward, hold

## ¼ TURN LEFT, TOUCH, ¼ TURN LEFT, TOUCH, STEP, TOUCH, STEP, TOUCH

1-2      Step right ¼ turn left, touch left beside right  
3-4      Step left ¼ turn left, touch right beside left  
5-6      Step right to right side, touch left beside right  
7-8      Step left to left side, touch right beside left

## RIGHT VINE, LEFT VINE

1-2      Step right to right side, cross left behind right  
3-4      Step right to right side, scuff left  
5-6      Step left to left side, cross right behind left  
7-8      Step left to left side, scuff right

## DIAGONAL CROSS ROCK LEFT, RIGHT

1-2      Cross right over left rocking forward onto right, replace weight onto left  
3-4      Rock forward onto right, scuff left  
5-6      Cross left over right rocking forward onto left, replace weight onto right  
7-8      Rock forward onto left, scuff right

## WALK BACK RIGHT, LEFT, RIGHT, KICK, SLOW COASTER STEP, SCUFF

1-2      Step back right, step back left  
3-4      Step back right, kick left forward  
5-6      Step back left, step right beside left  
7-8      Step forward left, scuff right

## ¼ TURN LEFT, TOUCH, ¼ TURN LEFT, TOUCH, STEP, TOUCH, STEP, TOUCH

1-2      Step right ¼ turn left, touch left beside right  
3-4      Step left ¼ turn left, touch right beside left  
5-6      Step right to right side, touch left beside right  
7-8      Step left to left side, touch right beside left

## ROCKING CHAIR, STOMP, STOMP, PIGEON TOES

1-2      Rock forward on right, replace weight onto left  
3-4      Rock back on right, replace weight onto left  
5-6      Stomp right beside left, stomp left beside right

7-8

Keeping toes together split heels apart, bring heels together

**REPEAT**

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