

Irresistibly Irresistible

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Celeste Chee Meng-Chi
音樂: Simply Irresistible - Robert Palmer



Sequence: AAB AAB AAB AAB A

Placed 2nd placing for the Choreography Competition during DanceFuntasia Hong Kong 2005

SECTION A

STEP HITCH, STEP HITCH, STEP HEEL OUT, STEP HEEL OUT, STEP IN, STEP IN

- 1-2 Step right to right side, hitch left knee slightly across right knee
- 3-4 Step left to left side, hitch right knee slightly across left knee
- 5-8 Step right heel out, step left heel out, step right in, step left behind right (3rd foot position)

Styling for count 5-8. Shrug up right shoulder while stepping right heel out, shrug up left shoulder while stepping left heel out. Release right shoulder while stepping right foot in, release left shoulder while stepping left foot in

KNEE ROLL ½ TURN LEFT, STEP, HOLD WITH CLICK, PIVOT ½ TURN LEFT, HOLD WITH CLICK

- 1-2 Lift up both heels up off the floor and roll left knee then right knee while making a ½ turn to left
- 3-4 Hit left heel on the floor with left taking weight, maintain right toe behind left
- 5-6 Step right forward lean forward slightly, hold with a click
- 7-8 Pivot ½ turn left with left taking weight lean forward slightly, hold with a click

STEP POINT, STEP POINT, RIGHT HEEL BOUNCE, "BANG DOOR" ACTION, LEFT HEEL BOUNCE.

"BANG DOOR" ACTION

- 1-2 Step right to right side, point left toe across right
- 3-4 Step left to left side, point right toe across left
- 5-6 Step right to right side, arching your upper body back and forth facing diagonal right, bouncing right heel twice and pretend to "bang" right door twice with both fists clenched. (all actions done at the 2 counts.)
- 7-8 Step left to left side, arching your upper body back and forth facing diagonal left, bouncing left heel twice and pretend to "bang" left door twice with both fists clenched. (all actions done at the 2 counts)

SLIDE TOUCH, SLIDE TOUCH, ¼ TURN RIGHT, ¼ TURN RIGHT, POINT, FLICK, STEP

- 1-2 Slide right diagonally back to right, touch left beside right with a clap
- 3-4 Slide left diagonally back to left, touch right beside left with a clap
- 5 ¼ turn right and step right forward
- 6 ¼ turn right and point left out to left side
- 7-8 Flick left behind right, step down left beside right

SECTION B

WEAVE STEP TO LEFT, MONTEREY ¾ TURN RIGHT

- 1-4 Cross step right over left, step left to left side, cross right behind left, step left to left side
- 5-6 Point right toe out to right side, make a ¾ turn right stepping right next to left
- 7-8 Point left toe out to left side, stepping left next to right

WALK STEP FORWARD, TWIST ½ RIGHT, TWIST ½ LEFT, WALK STEP FORWARD, TWIST ½ RIGHT, TWIST ½ LEFT

- 1-2 Walk right forward, walk left forward as you turn your head right looking back
- 3 Twist (down) ½ right (3:00) (leave weight on right) as you turn your head left looking back
- 4 Twist (up) ½ left (9:00) (weight to left) as you turn your head right looking back

- 5-6 Repeat count 1-2
- 7 Repeat count 3
- 8 Twist (up) ½ left (9:00) (weight to left) as you turn your head to look front

CROSS STEP, STEP BACK, KICK BACK, ½ RIGHT HITCH RIGHT, STEP FORWARD, BEHIND, HEEL SPLIT, HEEL CLOSE

- 1-2 Cross right over left, step left back
- 3-4 Kick right straight back, make a ½ turn right on left foot with hitch right forward
- 5-6 Step right forward, step left behind right. (3rd foot position)
- 7-8 Heel split out then back to center with right taking weight

POINT, HOLD, ½ TURN LEFT POINT, HOLD, ½ TURN RIGHT POINT, HOLD, ½ TURN LEFT POINT, SWIFT WEIGHT, FLICK LEFT

- 1 Point left toe to left side
- &2 Hold
- &3 ½ turn left with left taking weight, point right toe to right side & hold 4 & ½ turn right with right taking weight, point left toe to left side
- 5 Hold
- &6 ½ turn left with left taking weight, point right toe to right side
- 7-8 Swift weight to right foot, flick left behind right

LEFT ROLLING VINE, TOUCH AND CLAP, HITCH RIGHT, TOUCH RIGHT, HITCH RIGHT, TOUCH RIGHT

- 1-2 ¼ turn left and step forward on left, make ½ turn left and step back on right
- 3-4 ¼ turn left and step left to left side, touch right toe next to left with a clap
- 5-6 Hitch right diagonally to the right, touch right straight behind left as you bend left knee
- 7-8 Hitch right diagonally to the right, touch right straight behind left as you bend left knee

VINE STEP TO RIGHT, CROSS, "WHEEL CHAIR" HIP ROLL

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, cross left over right as you angle your body to 10:00
- 5-6 Do a "wheel chair" hip roll to the left. (as though you draw an "o" with hip from side view)
- 7-8 Do a "wheel chair" hip roll to the left. (as though you draw an "o" with hip from side view. Finish with weight on left.)

STEP BACK, ¼ TURN LEFT, STEP SIDE, HOLD, HEEL WALK

- 1-2 Slide right back, ¼ turn left step left to left side
- 3-4 Step right next to left, hold
- 5 Step left heel to left side as you lift left shoulder up
- 6 Drag right towards left and step together as you release left shoulder
- 7 Step left heel to left side as you lift left shoulder up
- 8 Drag right towards left and step together as you release left shoulder

LEFT COASTER STEP, STEP SIDE, BALL CROSS, UNWIND FULL TURN LEFT

- 1-2 Step left back, step right beside left
- 3-4 Step left forward, step right to right side. (shoulder width)
- &5 Step left ball behind right, cross right over left
- 6-8 Unwind full turn left with left taking weight

Repeat counts 49-64 of section B at the end of 3rd set of section B (6:00). Then you will start the dance facing 3:00

OPENING

Place your hands on the buttocks, feet stand apart, looking down to your left shoulder. Look up slowly as the musical instrument increase in crescendo, then stare expressionlessly at the audience

ENDING

You will be facing 3:00 at the end of 9th set of Section A, do the following steps and finish the dance at front wall.(12:00)

1-2 Step right forward, pivot $\frac{1}{4}$ left

3 Place your hands on the buttocks, feet stand apart, looking down to your left shoulder
