

# Irish Stew

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lois Lightfoot (UK)  
音樂: Irish Stew - Sham Rock



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## SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE

1&      Touch right toe to side, step right together  
2&      Touch left toe to side, step left together  
3&4      Touch right toe to side, clap, clap  
5&      Touch right heel forward, step right together  
6&      Touch left heel forward, step left together  
7&8      Touch right heel forward, clap, clap

## SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½

1&2      Step right forward, step left together, step right forward  
3-4      Rock left forward, recover onto right  
5&6      Step left back, step right together, step left forward  
7-8      Step right forward, turn ½ left (weight to left)

## RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE

1-2      Cross/rock right over left, recover onto left  
3&4      Step right to side, step left together, step right to side  
5-6      Cross/rock left over right, recover onto right  
7&8      Step left to side, step right together, step left to side

## TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT

1-2      Touch right toe forward, touch right toe to side  
3&4      Cross right behind left, step left to side, step right to side  
5-6      Touch left toe forward, touch left toe to side  
7&8      Cross left behind right, turn ¼ left and step right to side, step left to side

**REPEAT**

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