

Intoxicated

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK)
音樂: Toxic - Britney Spears



CROSS, POINT, CROSS, ROCK & CROSS, 2X ¼ LEFT, KICK & POINT

1-2-3 Cross step left over right, point right to right side, cross step right over left
4&5 Rock left to left side, recover on right, cross step left over right
6-7 Make ¼ turn left stepping back on right, ¼ turn left stepping left to left side
8&1 Kick right across left, step right next to left, touch left toe to left side
Twist body to face diagonally right as you point left toe with heels pointing left

TWIST, TWIST, HITCH, SIDE, CROSS & HEEL, HOLD

2-3 Twist body to face diagonal left (heels right) twist body to face diagonal' right (heels left)
4-5 Hitch right knee, step right to right side
6&7 Cross step left over right, step right to right side, touch left heel forward
8 Hold

& STEP ½ PIVOT STEP, HOLD. ROCK STEP, FULL TURN BACK

&1-2 Step left next to right, step forward right, pivot ½ turn to left
3-4 Step forward right, hold
5-6 Rock forward on left, recover on right
7-8 Make ½ turn left stepping forward left, ½ turn left stepping back on right

ROCK STEP, KICK & POINT & POINT, HITCH, POINT, HOLD

1-2 Rock back on left, recover on right
3&4 Kick left forward, step left next to right, point right to right side
&5-6 Step right next to left, point left to left side, hitch left knee across right
7-8 Point left to left side, hold

& ½ MONTY, POINT, HOLD, & ½ MONTY, POINT & POINT

&1-2 Step left next to right, point right to right side, make ½ turn right stepping right next to left
3-4 Point left to left side, hold
&5-6 Step left next to right, point right to right side, make ½ turn right stepping right next to left
7&8 Point left to left side, step left next to right, point right to right side

JAZZ BOX ¼ RIGHT, CROSS, SIDE, TOUCH, ¼ LEFT, ½ LEFT

1-2 Cross step right over left, step back on left making 1/8 turn to right
3-4 Make another 1/8 turn right stepping right to right side (completing ¼ turn) cross step left over right
5-6 Large step right to right side, touch left next to right
7-8 Make ¼ turn left stepping forward on left, ½ turn left stepping back on right

ROCK STEP, KICK & STEP, STEP, PIVOT ¼ RIGHT, CROSS, HOLD

1-2 Rock back on left, recover on right
3&4 Kick left forward, step left next to right, step forward right
5-6 Step forward left, pivot ¼ turn right
7-8 Cross step left over right, hold

½ MONTY, JUMP BACK, HIP BUMPS &

1-2 Point right to right side, make ½ turn right stepping right next to left
3-4 Point left to left side, step left next to right

&5 Make a small jump back stepping right-left
6-7 Bump hips left-right
8& Bump hips left, step forward on right

REPEAT

TAG

To be danced after 32 counts of wall 2 (3:00) & at the end of wall 4 (9:00)

1-2 Cross step left over right, step back on right
3-4 Step back diagonally left on left, touch right toe slightly forward of left (right knee bent)
5-6 Bump hips forward right, bump hips back left
7-8 Bump hips forward right, bump hips back left
& Step right next to left

Then resume from count 1

ENDING

At the end of wall 7 you will be facing back wall. There are 8 counts left of the music. Leave out the last "&" count, keep your weight on your left & repeat the last 8 counts (56-64). This will turn you to face the front wall & finish on the bumps
