

# Inside Out

拍數: 64      牆數: 2      級數: Improver  
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音樂: Papa Don't Ask, Mama Don't Know - Jenai



## VINE WITH ¼ TURN, ¼ TURN-SCUFF, VINE, SCUFF

1-2            Step right to right, step left behind right  
3-4            Make ¼ turn right and step right forward, make ¼ turn right and scuff left forward  
5-6            Step left to left, step right behind left  
7-8            Step left to left, scuff right forward

## VINE WITH ¼ TURN, ¼ TURN-SCUFF, VINE, SCUFF

9-16            Repeat counts 1-8

## DIAGONAL STEPS AND SCUFF: TWICE

17-18            Step right diagonally forward right, step left beside right  
19-20            Step right diagonally forward right, scuff left forward  
21-22            Step left diagonally forward left, step right beside left  
23-24            Step left diagonally forward left, scuff right forward

## JAZZ-BOX IN TOE-STRUTS WITH ¼ TURN

25-26            Step right toe across left, drop right heel to floor  
27-28            Step left toe back, drop left heel to floor  
29-30            Make ¼ turn right and step right toe to right, drop right heel to floor  
31-32            Step left toe beside right, drop left heel to floor

## JUMP FORWARD, CLAP, JUMP BACK, CLAP, TOE-STRUTS

&33-34            Jump forward stepping right then left, clap (lean back slightly & clap hands up high)  
&35-36            Jump back stepping right then left, clap (lean slightly forward & clap hands at waist level)  
37-38            Step right toe forward, drop heel to floor  
39-40            Step left toe forward, drop heel to floor

## JUMP FORWARD, CLAP, JUMP BACK, CLAP, TOE-STRUTS

&41-48            Repeat counts &33-40

## THREE ¼ PIVOTS WITH HOLDS, WALKS

49-52            Step right forward, hold, pivot ¼ turn left, hold (with attitude)  
53-60            Repeat counts 49-52 twice.  
61-64            Walk forward on right, left, right, left (bend knees slightly and for fun shimmy those shoulders as fast as you can)

## REPEAT

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