Inner Smile



拍數: 56 牆數: 4 級數: Intermediate

編舞者: Kim Ray (UK) 音樂: Inner Smile - Texas



KICK & SIDE SWITCHES & TOUCH FORWARD, HIP BUMPS & HITCH

1&2 Kick right	tonward step right payt	to left, touch left toe to left side

& Step left next to right

3&4 Touch right toe forward, step right next to left, touch left toe forward (leaning slightly back)

5&6 Stepping forward on left bump hips forward, back, forward (leaning slightly forward)

7&8 Bring weight back onto right foot bump hips back, forward, hitch left knee taking weight on

right (leaning slight back)

SHUFFLE FORWARD, ½ PIVOT TURN STEP, WALK FORWARD, LEFT SHUFFLE

1&2 Shuffle forward left, right, left

3&4 Step forward on right, ½ pivot turn left, step forward on right

5-6 Walk forward left and right7&8 Shuffle forward left, right, left

FORWARD MAMBO, TOUCH BACK, ½ TURN LEFT, ¾ TURN, CROSS SHUFFLE

1&2 Rock forward on right, recover back on left, step back on right

3-4 Touch left toe back, ½ turn left (weight now on left)

5-6 ½ turn left stepping back on right, ¼ turn left stepping left to left side

7&8 Cross right over left, step left to left side, cross right over left

SIDE ROCK/RECOVER, WEAVE, 1/2 TURN LEFT, CROSS SHUFFLE

1-2 Side rock left, recover on right

Cross left behind right, step right to right side, cross left over right

turn left stepping back on right, ¼ left stepping left to left side

Cross right over left, step left to left side, cross right over left

SIDE ROCK/RECOVER, WEAVE, SIDE ROCK/RECOVER, SAILOR STEP

1-2 Rock out side left, recover in on right

3&4 Cross left behind right, step right to right side, cross left in front of right

5-6 Rock out side right, recover in on left

7&8& Step right behind left, step left to left side, step forward on right, step left next to right

Restart here during wall 2 (facing front) and wall 5 (facing 3:00)

BALL POINT FORWARD, POINT SIDE, SIDE SWITCHES, COASTER STEP, ½ PIVOT TURN RIGHT

1-2 Point right toe forward, point right toe to right side

&3&4 Step right next to left, point left to left side, step left next to right, point right to right side

Step back on right, step left next to right, step forward on right

7-8 Step forward on left, ½ pivot turn right

SIDE ROCK & CROSSES TWICE, WALK FULL TURN LEFT & TOUCH

1&2 Side rock left, recover on right, cross left over right

3&4 Side rock right, recover on left, cross right over left (preparing to walk full turn left)
 5-8 Turning left: walk making full circle stepping left, right, left touch right next to left

REPEAT