

Inferno

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner line/contra dance
編舞者: Henry Costa (USA)
音樂: If I Fall You're Going Down with Me - The Chicks



HEEL, HEEL, STEP, PIVOT; HEEL, HEEL, STEP, PIVOT

1&2& Right heel, right step in; left heel, left step in
3-4 Right step forward; ½ pivot left
5&6& Right heel, right step in; left heel, left step in
7-8 Right step forward; ½ pivot left

45 DEGREE STEP FORWARD, TOUCH; STEP, TOUCH; 45 DEGREE BACKWARD, TOUCH ; STEP, TOUCH

1-2 Step 45 degree forward right; left touch next to right
3-4 Step 45 degree forward left; right touch next to left
5-6 Step 45 degree backward right; left touch next to right
7-8 Step 45 degree backward left; right touch next to left

SIDE RIGHT, BEHIND, SIDE, TOUCH; SIDE, BEHIND, SIDE TOUCH

1-2 Step side right; left behind right
3-4 Step side right; left touch next to right
5-6 Step side left; right behind left
7-8 Step side left; right touch next to left

Optional arms and styling: When doing grapevine to right, dip down when crossing legs on counts 2&3 and rise back up on count 4. Arms: swing arms turning outward in a circle (like jumping rope) when going to your right. When doing grapevine to left dip down when crossing legs on counts 6&7 and rise back on count 8. Arms: swing arms turning inward in a circle (like jumping rope) when going to your left

(HALF CIRCLE/ARCH SHUFFLE) RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE

1&2 Start half circle arch: right step forward; left close next to right; right step forward
3&4 Cont. Half circle arch (½ way point): left step forward; right close next to left; left step forward
5&6 Cont. Half circle/arch (toward ending point): right step forward; left close next to right; right step forward
7&8 Finish half circle/arch (back to starting point) left step forward; right close next to left; left step forward

REPEAT

CONTRA CIRCLE SET UP & MOVEMENTS

Outside circle faces inward while inside circle faces outward. When step touches are being executed, (counts 3&4) dancers can slap hands with each other when they meet together. On the final 8 counts (half circle/arch shuffle) dancers will end up on opposite circle when finished. Both dancers will complete half circles around each other. The contra circle is the most fun way to enjoy this dance. You can also do this as a contra line or line dance.

FOR PARTNER DANCE & CIRCLE

Starting partner position is C/W open position, woman on man's right side, facing forward in lines. Men & women's steps are the same. During ½ pivots on Count 4: Partners release left hands and raising right hands resuming C/W open position. Count 8: Partners release right hands and raising left hands resuming C/W open position. For circle dance a forward shuffle instead of a half circle.