

Individuality

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Nadine Hema
音樂: Bring It All Back - S Club 7



STEP, STEP, HEEL, HEEL, TOE STRUT, STEP, TURN

1-2 Step left forward, step right out to right
3-4 Bounce heels in twice, bring toes together
5-6 Right toe strut backward
7-8 Full turn left, stepping left right

SHUFFLE, TOE STRUT, $\frac{3}{4}$ SHUFFLE, COASTER STEP

9&10 Left shuffle forward
11-12 Right toe strut forward
13&14 Left shuffle turning $\frac{3}{4}$
15&16 Step right back, step left back, step right forward

STEP, TURNING STEP, STEP, STEP, SHUFFLE, KICK BALL CHANGE

17-18 Step left forward, $\frac{1}{2}$ turn right stepping right forward
19 Hold
&20 Step left to left side, step right to right side
21&22 Left shuffle to left
23&24 Kick right to left diagonal, step right to right side, step left in place

TOE STRUT, $\frac{1}{2}$ SHUFFLE, KICK BALL CHANGE, $\frac{1}{2}$ TURN

25-26 Right toe strut to right
27&28 Left shuffle turning $\frac{1}{2}$
29&30 Kick right forward, step right in place, step left in place
31-32 Turn $\frac{1}{2}$ on balls of feet (bringing alternative shoulders up and down)

REPEAT
