

Indigo Swing

拍數: 48 牆數: 4 級數: Improver
編舞者: Kay Romero (USA)
音樂: Too Much Stuff - Delbert McClinton



TAP, STEP, TAP, STEP, TAP, HOLD, STEP, KICK

1-2 Tap right toe back, step back onto right foot
3-4 Tap left toe back, step back onto left foot
5-6 Tap right toe back, hold & clap
7-8 Step right foot forward, kick left foot forward

TAP, STEP, TAP, STEP, TAP, HOLD, STEP, KICK

1-2 Tap left toe back, step back onto left foot
3-4 Tap right toe back, step back onto right foot
5-6 Tap left toe back, hold & clap
7-8 Step left foot forward, kick right foot forward

JAZZ BOX ¼ TURN, JAZZ BOX NO TURN

1-2 Cross right foot in front of left foot, step left foot back
3-4 Step right foot into ¼ turn right, hold
5-6 Cross left foot in front of right foot, step right foot back
7-8 Step left foot to side, hold

LEFT SIDE STRUT, ROCK, STEP, SIDE, HOLD

1-2 Cross right toe in front of left foot, drop right heel down
3-4 Step left toe to side, drop left heel down
5-6 Rock back on right foot, return weight onto left foot
7-8 Step right foot to side, hold

RIGHT SIDE STRUT, ROCK, STEP, SIDE, HOLD

1-2 Cross left toe in front of right foot, drop left heel down
3-4 Step right toe to side, drop right heel down
5-6 Rock back on left foot, return weight onto right foot
7-8 Step left foot to side, hold

TOE, HEEL, CROSS, HOLD, TOE, HEEL, CROSS, HOLD, BACK, CROSS

1-2 Touch right toe in toward left foot, touch right heel in toward left foot
3-4 Cross right foot over left foot, hold on ct 4
5-6 Touch left toe in toward right foot, touch left heel in toward right foot
7-8 Cross left foot over right foot, hold on ct 8, (weight ends on left foot)

REPEAT
