

Indian Spirit

拍數: 32 牆數: 4 級數: Improver
編舞者: Melanie Voitke (DE)
音樂: The Spirit of the Hawk - Rednex



TOUCH IN; KICK OUT; COASTER STEP; TOUCH IN; KICK OUT; COASTER STEP

1-2 Right toe touch next to the inside of left foot, right foot kick diagonal to right side forward
3&4 Right foot step back, left foot next to right foot, right foot step forward
5-6 Left toe touch next to the inside of right foot, left foot kick diagonal to left side forward
7&8 Left foot step back, right foot next to left foot, left foot step forward

PADDLE TURN; ROCK STEP; COASTER STEP

1& Step right toe forward turning $\frac{1}{4}$ to the left, replace weight on left foot
2& Repeat 1&
3& Repeat 1&
4 Touch right toe next to left foot with a $\frac{1}{4}$ turn on left foot to the left
5-6 Rock right foot forward, replace weight on left foot
7&8 Right foot step back, left foot next to right foot, right foot step forward

KICK BALL TOUCH; KICK BALL TOUCH; CROSS; $\frac{3}{4}$ TURN; STEP SLIDE

1&2 Left foot kick forward, step left foot next to right foot, touch right foot to the right
3&4 Right foot kick forward, step right foot next to left foot, touch left foot to the left
5-6 Left foot cross behind right foot, $\frac{3}{4}$ turn to the left
7-8 Right foot big step to the right, left foot slide next to right foot at 8

Weight is on left foot

STEP; HITCH; STEP; TOUCH; STEP TO RIGHT AND SHOULDER MOVEMENTS

1-2 Right foot step forward, hitch left knee up
3-4 Left foot step back, touch right foot next to left foot
5-6 Right foot step to right side, push right shoulder up (weight is on right foot)
7-8 Recover weight on left and push left shoulder up, touch right foot next to left foot

REPEAT
