

Independent

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Jo Everhart (USA)
音樂: Miss Independent - Kelly Clarkson



ROCK, STEP, ROCK, STEP, KICK, STEP OUT-OUT

- 1&2& Rock to right on right foot, recover weight back on left, rock back on right foot, recover weight to left foot
- 3&4 Kick right foot forward, step back and slightly out on right foot, step left foot out to left side (weight. On left).

TOE PRESS, STEP, BODY ROLL WITH TURN

- 5-6 Turn right toe and knee to right as you press weight onto right toe (knee bent), recover weight back onto left as you face back to original wall
- 7-8 Shifting weight to right and turning $\frac{1}{4}$ turn to left-do a 2 count downward body roll ending in a sitting position (weight back on right foot)

HOLD, FOOT TWIST WITH HIP SHIFT-SIT, SHUFFLE LEFT-RIGHT-LEFT

- 9&10 Hold for count 9, twisting feet to right-lift hips up and forward on and count, return to original sitting position for count 10 (weight back on right foot)
- 11&12 Step forward on left foot, step right foot next to left foot, step forward foot

KICK, CROSS, ROCK, FULL TURN-STEP, TOE TOUCH

- 13&14 Kick right foot forward, cross right foot over left foot (taking weight), rock to left on left foot (start of a Monterey turn)
- &15-16 Recover weight to right foot, turn full turn to the left and step on left foot, touch right toe to right

CROSS-FRONT, STEP, CROSS-BEHIND, STEP, CROSS-FRONT, STEP, TOE TOUCH

- 17&18& Cross right foot over left foot, step left foot to left, cross right foot behind left foot, step left foot to left
- 19&20 Cross right foot over left foot, step left foot to left, touch right toe at home position

STEP BACK, DRAG AND TOUCH TOE, TRIPLE STEP 1 $\frac{1}{4}$ TURN

- 21-22 Step slightly large step back on right foot, drag left foot back and touch left toe next to right foot
- 23&24 Turn $\frac{1}{4}$ wall to left as you step on left foot, turn $\frac{1}{2}$ wall left as you step on right foot, turn $\frac{1}{2}$ wall to left as you step on left foot

STEP, TOE TOUCH, KICK-BACK, STEP-BACK, STEP-BACK

- 25&26 Step forward on right foot, touch left toe next to right foot, kick left foot slightly back.
- 27-28 Step back on left foot, step back on right foot

HOOK, KICK, ROCK, STEP, STEP

- 29-30 Hook left foot in front of right foot, kick left foot forward
- 31&32 Rock to left on left foot, recover weight to right foot, step left foot next to right foot

REPEAT

RESTART

After 4th full set of 32 you will only do the first 16 counts of the dance and then begin again.

TAG

After the 3rd wall

KNEE ROLL, ROCK, STEP, STEP

1&2 Rolling knee to the right-do a 2-count knee roll shifting weight to right foot on count 2

3&4 Rock on left foot behind right foot, recover weight to right foot, step to left on left foot

CROSS-BEHIND, STEP, CROSS-FRONT, ROCK, STEP, STEP

5&6 Cross right foot behind left foot, step to left on left foot, cross right foot in front of left foot

7&8 Rock to left on left foot, recover weight to right foot, step left foot next to right foot taking weight
