

In Your Arms

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Cathy Farley
音樂: Here (In Your Arms) - Hellogoodbye



¼ MONTEREY, POINT BALL STEP, STEP, SIDE ROCK RECOVER CROSS, STEP BACK

1-2 Point right foot to right side, making ¼ turn right close right foot next to left
3&4 Point left foot to left side, quickly bring left up to right, step right forward
5 Step left forward
6&7 Rock right out to right side, recover on left foot in place, cross right over left
8 Step left back

¼ STEP FORWARD, STEP, ½ PIVOT TURN, STEP, ROCK RECOVER, COASTER CROSS

1 Make ¼ turn right stepping right foot forward
2-3 Step left foot forward, pivot ½ right stepping right forward
4 Step left forward
5-6 Rock right foot forward, recover back on left
7&8 Step right back, close left, cross right over left

3 STEP VINE MAKING ¼ TURN LEFT, STEP SIDE, ¼ HINGE TURN, CROSS SHUFFLE, SIDE POINT

1-2-3 Step left foot to left, cross right behind left, step left forward making ¼ turn left
4-5 Step right foot to right, hinge ¼ turn left stepping left to left side
6&7 Cross right over left, step left to left side, cross right over left
8 Point left foot to left side

& POINT, HOLD, TOUCH FORWARD, HEEL SPLITS, BACK, CROSS, SIDE ROCK, RECOVER

&1-2 Close left next to right, point right to right side, hold
3&4 Touch right forward, split heels out, in
5-6 Step right back to right diagonal, cross left over right
7-8 Rock right out to right side, recover on left

BEHIND SIDE CROSS, STEP SIDE, HINGE ½, CROSS SHUFFLE, SIDE ROCK, RECOVER

1&2 Cross right behind left, step left to left side, cross right over left
3-4 Step left to left side, hinge ½ right stepping right to right side
5&6 Cross left over right, step right to right side, cross left over right
7-8 Rock right out to right side, recover on left

BEHIND SIDE CROSS, STEP SIDE, HOLD, & ¼ FORWARD, STEP FORWARD, PIVOT ¼ LEFT CROSS

1&2 Cross right behind left, step left to left side, cross right over left
3-4 Step left foot to left side, hold
&5-6 Quickly bring right to left, make ¼ left stepping left forward, step right forward
7-8 Pivot ¼ left stepping left to left side, cross right over left

¼ FORWARD, STEP FORWARD, PIVOT ½, FORWARD ROCK, RECOVER, SHUFFLE ½, STEP FORWARD

1 Make ¼ left stepping left forward
2-3 Step right forward, pivot ½ left stepping left forward
4-5 Rock right forward, recover back on left
6&7 Shuffle ½ right stepping right, left, right
8 Step left forward

STEP, HOLD, ROCK ROCK, TOUCH, STEP, HOLD, ROCK ROCK, TOUCH

1-2 Step right forward, hold

&3-4 Rock left out to left side, recover right, touch left next to right

5-6 Step left forward, hold

&7-8 Rock right out to right side, recover left, touch right next to left

REPEAT
