In Too Deep



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Liam Hrycan (UK)

音樂: (You Drive Me) Crazy (The Stop Remix!) - Britney Spears



RIGHT KICK-STEP TOUCH, LEFT KICK-STEP TOUCH, KICK SWITCHES (RIGHT, LEFT), RIGHT STEP / ¾ PIVOT LEFT

1&2	Kick right foot forward, step right foot forward, touch left toe out to left side
3&4	Kick left foot forward, step left foot forward, touch right toe out to right side

Kick right foot forward, step right foot to place beside leftKick left foot forward, step left foot to place beside right

7-8 Step right foot forward, pivot a ¾ turn left (weight ending on left foot)

3X SYNCOPATED JUMPS TO THE RIGHT, (&) RIGHT HITCH, RIGHT SIDE STEP/LEFT SLIDE, RIGHT HEELJACK, LEFT MAMBO ROCK BACK, 2X STOMPS APART (RIGHT, LEFT)

9&10 Jump both feet to right side three times (weight ending on left foot)

& Hitch right knee across left leg

EASIER OPTION FOR 9-10

9& Step right foot to right side slightly forward, step left	eft foot behind right
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10& Step right foot to right side, step left foot over right

11-12	Step right foot to right side, drag and touch left toe to place beside right foot
&13&	Step left foot slightly back, touch right heel forward, step right foot down
14&15	Rock left foot forward, recover weight back onto right foot, step left foot back
0.40	

&16 Stomp both feet back a shoulder width apart - right, left

HEEL SWIVELS (RIGHT, LEFT - 1/4-LEFT), RIGHT LOCK SHUFFLE FORWARD, LEFT STEP/1/4 PIVOT RIGHT WITH LEFT HIP SWAY, RIGHT HIP SWAY

17 Swivel both heels a ¼ turn right bending both knees 18 Swivel both heels a ½ turn left straightening both knees

Steps 17,18 make an overall 1/4 turn left

Step right foot forward, lock step left foot behind right, step right foot forward

Step left foot forward, pivot a ¼ turn right swaying hips to the left (and click fingers)

23-24 Sway hips to the right (over 2 counts - click fingers on count 24)

LEFT SYNCOPATED SIDE ROCK/RECOVER, LEFT BEHIND/RIGHT SIDE STEP, WALK FORWARD (LEFT,RIGHT), LEFT SYNCOPATED ROCK FORWARD/BACK, LEFT STOMP/DOUBLE CLAP

Rock left foot to left side, recover weight onto right foot Step left foot behind right, step right foot to right side

27-28 Walk forward - left, right

29& Rock left foot forward, recover weight back onto right foot

30& Rock left foot back, recover weight onto right foot

31 Stomp left foot to place beside right

&32 Clap hands twice

REPEAT

The "Stop Remix!" is widely available on CD Single. When dancing to this mix of the song the music will lose its beat on the syncopated rocks forward and back, at the end of Wall 6 (around 2:05). You will be facing the back. Complete Wall 6, and then dance the 16 Count "STOP!" tag. Finish the tag with the weight on your left leg ready to start Wall 7. Then continue the dance as normal. The tag is easily identifiable in the music, so there is no need to worry about counting walls. You know the tag is coming when the music loses it's beat.

When dancing to any other standard phrased music, miss out the tag. Also note the optional ending to this mix of the music

16 COUNT "STOP!" TAG

To be danced between walls 6 and 7

RIGHT KICK-STEP TOUCH, LEFT KICK, (&) JUMP BACK (LEFT,RIGHT) WITH RIGHT HAND STOP!, HOLD (FOR 4 COUNTS) WITH HANDS!

1&2 Kick right foot forward, step right foot forward, touch left toe out to left side

3 Kick left foot forward

4 Jump both feet back a shoulder width apart - left, right

Hands: put right hand straight out in front of you in the "STOP!" position on count 4

5-8 Hold position for 4 counts, dropping right hand down to side

HANDY MOVEMENTS

Read these! Either do these or stand there for 8 counts and improvise

9-10	Punch right hand forward, punch left hand forward
11-12	Click right fingers up in air above head, click left fingers up in air above head
13	Cross both wrists in front of chest in "mummy" position
14	Punch both hands down to sides - right hand to 4:00, left hand to 8:00
15&	Stomp right foot in place, stomp left foot to place beside right
16	Clap hands (weight ending on left foot)

OPTIONAL ENDING

At the end of the track, after the walks forward (Counts 27 and 28), the music will finish with 3 strong beats. On the 1st strong beat, stomp your left foot forward. On the 2nd strong beat, stomp your right foot out to right side. On the 3rd strong beat, stomp your left foot out to left side and throw your hands.