

# In This Life

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Improver  
編舞者: Martine Saelens (BEL) & Sandy Gorez (BEL)  
音樂: In This Life - Collin Raye



## STEP BACK, ROCK, RECOVER, STEP FORWARD, ¼ TURN RIGHT, ¼ TURN LEFT, FULL TURN TRAVELING LEFT

- 1            Left foot long step back
- 2            Close right foot next to left foot
- &            Left foot small step forward
- 3            Step right foot forward
- 4            Pivot ¼ turn right onto left foot
- &            Replace weight to right foot (facing 3:00)
- 5            Cross left foot in front of right foot
- 6            Right foot small step back, ¼ turn left
- &            Step left foot left (facing 12:00)
- 7            Cross right foot in front of left foot
- 8            ¼ turn right, step left foot back
- &            ½ turn right, step right foot forward

## CROSS ROCK, RECOVER, STEP RIGHT, ROCK FORWARD, RECOVER, STEP BACK, CROSS, UNWIND FULL TURN, RONDE, STEP RIGHT

- 9            ¼ turn right, step left foot left
- 10           Cross rock right foot in front of left foot
- &            Recover to left foot
- 11           Step right foot right
- 12           Rock left foot in front of right foot
- &            Recover weight to right foot
- 13           Step left foot back
- 14           Cross right foot in front of left foot
- 15           Unwind full turn left, sweep left foot from front to back
- 16           Finish with left foot crossed behind right foot
- &            Step right foot right

## CROSS, ROCK, RECOVER, CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT 2X

- 17           Cross left foot in front of right foot
- 18           Right foot rock right
- &            Recover weight to left foot
- 19           Cross right foot in front of left foot
- 20           ¼ turn right, step left foot back
- &            ¼ turn right, step right foot right (facing 6:00)
- 21           Cross left foot in front of right foot
- 22           Right foot rock right
- &            Recover weight to left foot
- 23           Cross right foot in front of left foot
- 24           ¼ turn right, step left foot back
- &            ¼ turn right, step right foot right (facing 12:00)

## SIDE, ROCK, RECOVER, ¼ TURN RIGHT, ½ TURN RIGHT, ¼ TURN RIGHT, STEP FORWARD, PIVOT ½ TURN, STEP, ROCK FORWARD

- 25           Left foot long step left

26 Rock right foot back  
& Recover to left foot  
27 ¼ turn right, step right foot forward  
28 ½ turn right, step left foot back  
& ¼ turn right, step right foot right  
29 Step left foot forward  
30 Step right foot forward  
& ½ turn left, step left foot forward (facing 6:00)  
31 Step right foot forward  
32 Rock left foot forward  
& Recover

**REPEAT**

**RESTART**

**On the 3rd wall, after count 12&, restart the dance (you will be facing starting wall)**

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