

In The Usa Today

拍數: 64 牆數: 4 級數: Improver
編舞者: Joe Serafini (USA)
音樂: USA Today - Alan Jackson



ROCK STEPS(3), HOLD, ROCK STEPS(3), HOLD

1-2 Rock forward on right at 45 degree angle, rock back on left
3-4 Rock forward on right at 45 degree angle, hold
5-6 Rock forward on left at a 45 degree angle, rock back on right
7-8 Rock forward on left at 45 degree angle, hold

ROCK FORWARD, STEP BACK, CROSS, STEP BACK(2), CROSS, STEP BACK

9-10 Rock forward right, recover weight on left
11-12 Step back on right, cross left over right
13-14 Step back on right, step back on left
15-16 Cross right over left, step back on left

VINE RIGHT, VINE LEFT

17-18 Step right to right, step left behind right
19-20 Step right to right, touch left next to right
21-22 Step left to left, step right behind left
23-24 Step left to left, touch right next to left

Optional steps(preferred): rolling vine right and a rolling vine left

RIGHT KICK, ¼ TURN RIGHT, LEFT KICK, ROCK BACK, SHUFFLE FORWARD

25-26 Kick right at 45 degree angle across left, step right making ¼ turn right
27-28 Kick left forward, step left next to right
29-30 Rock back on right, recover weight on left
31&32 Shuffle forward right-left-right

LEFT KICK, ¼ TURN LEFT, RIGHT KICK, ROCK BACK, SHUFFLE FORWARD

33-34 Kick left at 45 degree angle across right, step left making ¼ turn left
35-36 Kick right forward, step right next to left
37-38 Rock back on left; recover weight on right
39&40 Shuffle forward left-right-left

ROCK FORWARD, SHUFFLE WITH ½ TURN, ROCK FORWARD, COASTER STEP

41-42 Rock forward right, recover weight on left
43&44 Shuffle right-left-right while making ½ turn right
45-46 Rock forward left, recover weight on right
47&48 Step back on left, step right next to left, step left forward

ROCK FORWARD, SHUFFLE WITH ½ TURN, ROCK FORWARD, COASTER STEP

49-56 Repeat steps 41-48

PIVOT ¼ TURN, CROSS ROCK RIGHT, CROSS ROCK LEFT

57-58 Step right forward, pivot ¼ turn left
59-60 Cross rock right over left, recover weight on left
61-62 Step right next to left, cross rock left over right
63-64 Recover weight on right, step left next to right

REPEAT

