

In The Saddle

拍數: 32 牆數: 4 級數:
編舞者: Peter Metelnick (UK)
音樂: Just Like a Rodeo - John Michael Montgomery



VINE RIGHT 3, LEFT STOMP, FAN WITH ¼ LEFT, JACKIE GLEASON

- 1-3 Step right foot to right side, cross left foot behind right and step, step right foot to right side
- 4-5 Stomp left together, fan left toes left turning ¼ left (weight on left foot)
- 6-8 Jackie Gleason, brush right foot forward, brush right foot across left foot, brush right foot forward (right foot end in the air)

FORWARD SHUFFLE TWICE, RIGHT FORWARD, JACKIE GLEASON

- 1&2 Step right foot forward, step left foot together, step right foot forward
- 3&4 Step left foot forward, step right foot together, step left foot forward
- 5 Step right foot forward
- 6-8 Jackie Gleason, brush left foot forward, brush left foot across right foot, brush left foot forward (left foot ends in the air)

LEFT TOE BACK, ¼ LEFT & CLAP, RIGHT CROSS OVER, UNWIND ½ LEFT & CLAP, VINE RIGHT 3, TOUCH TOGETHER

- 1 Touch left toe back
- 2 ¼ pivot turn left & clap, with weight ending on left foot
- 3 Cross right foot over left and step
- 4 Unwind ½ left and clap, with weight ending on left foot(now facing forward again)
- 5-8 Step right foot to right side, cross left foot behind right ad step, step right foot to right side, touch left foot together

LEFT KICK BALL HEEL, RIGHT SIDE TOUCH, RIGHT TOE BACK, ¼ RIGHT, RIGHT TOGETHER, LEFT KICK BALL TOUCH

- 1&2 Kick left foot forward, step together on the ball of left foot, touch right heel forward and step left heel down (weight ends on left foot)
- 3-4 Touch right toes to right side, touch right toes back (right heel raised)
- 5 ¼ pivot turn right ending with right heel still raised and weight on left foot
- 6 Step right foot together
- 7&8 Kick left foot forward, step together on the ball of left foot, touch right foot together and step left heel down (weight ends on left foot)

REPEAT
