

In The Pink

拍數: 48 牆數: 4 級數: Improver
編舞者: Paulette Lindley (UK)
音樂: Pink Cadillac - Full Tilt Boogie



RIGHT & LEFT SAILOR STEP, FORWARD ROCK, TRIPLE ½ TURN RIGHT

1&2 Cross right behind left, step left to left side, step right to right side
3&4 Cross left behind right, step right to right side, step left to left side
5-6 Rock forward on right, rock back on left
7&8 Making ½ turn right, shuffle forward on right, left, right

LEFT & RIGHT SAILOR STEP, FORWARD ROCK, TRIPLE ¼ TURN LEFT

9&10 Cross left behind right, step right to right side, step left to left side
11&12 Cross right behind left, step left to left side, step right to right side
13-14 Rock forward on left, rock back on right
15&16 Making ¼ turn left, shuffle forward on left, right, left

HIP BUMPS, ROCK, SHUFFLE BACK, ROCK BACK & KICK, STEP

17&18 Step forward right, bumping hips right, left, right
19-20 Rock forward on left, rock back on right
21&22 Step back on left, close right beside left, step back on left
23 Rock back on the right as you kick the left leg forward
24 Step forward on left

HIP BUMPS, ROCK, SHUFFLE BACK, ROCK BACK & KICK, STEP

25-32 Repeat section 3

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE.

33-34 Rock right foot to right, rock left foot to left
35&36 Cross right over left, step left to left side, cross right over left
37-38 Rock left foot to left, rock right foot to right
39&40 Cross left over right, step right to right side, cross left over right

HEEL SWITCH, HOLD & CLAP TWICE, HEEL SWITCH, HOLD, & CLAP TWICE

41& Touch right heel forward, step right beside left
42& Touch left heel forward, step left beside right
43&44 Touch right heel forward, hold and clap twice
& Step right beside left
45& Touch left heel forward, step left beside right
46& Touch right heel forward, step right beside left
47&48 Touch left heel forward, hold and clap twice

REPEAT
