

In The Morning

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mark Cook (UK)
音樂: I May Hate Myself In the Morning - Lee Ann Womack



CROSS ROCK, ¼ TURN, ½ PIVOT TURN, SHUFFLE, ROCK, ¼ TURN

- 1&2 Cross left over right, recover weight onto right, step left to left side making ¼ turn to the left (facing 9:00)
3&4 Step right forward, pivot ½ turn over left shoulder placing weight onto left, step forward onto right, (facing 3:00)
5&6 Shuffle forward on left, stepping, left, right, left
7&8 Rock forward onto right, recover weight onto left, make ¼ turn right stepping right to right side (facing 6:00)

WEAVE RIGHT, CROSS ROCK, POINT, COASTER, PIVOT ½ TURN

- 9&10 Cross left over right, step right to right side, and cross left behind right
&11&12 Step right to right side, cross left over right, recover weight onto right, point left to left side
13&14 Step left back, step right next to left, step forward onto left
15&16 Step forward onto right, pivot ½ turn over left shoulder, placing weight onto left, step forward onto right (facing 12:00)

SIDE STEP FORWARD, SIDE STEP BACK, SHUFFLE BACK, SWEEP BEHIND, CROSS

- 17&18 Step left to left side, step right next to left, step left forward
19&20 Slide right up to left and step right to right side, step left next to right, step back on right
21&22 Shuffle back on left, stepping left, right, left
23&24 Sweep right behind left, step left to left side, cross right over left

SIDE ROCK CROSS, WEAVE ¼ TURN, PIVOT ½ TURN, ROLLING TURN

- 25&26 Step left to left side, recover weight to right, cross left over right
27&28 Step right to right side, step left behind right, step right to right side making a ¼ turn right (facing 3:00)
29&30 Step forward onto left, pivot ½ turn over right shoulder, and step forward on left (facing 9:00)
31&32 Step forward on right making a ½ turn over left shoulder, step back on left making ½ turn over left shoulder, step forward on right

This is a rolling turn forward (facing 9:00)

REPEAT
