

In The Mood

拍數: 64 牆數: 2 級數: Improver
編舞者: Christina Browne (UK)
音樂: Gettin' in the Mood - The Brian Setzer Orchestra



CROSS ROCK, ¼ TURN RIGHT, HOLD, ROCK STEP, ½ TURN LEFT, HOLD

1-2 Cross rock right over left, rock back on left
3-4 Step right ¼ turn right, hold
5-6 Rock forward on left, rock back on right
7-8 Step left ½ turn left, hold

FULL TURN, BACK ROCK STEP, TOGETHER, HOLD

9-10 Step forward on right, pivot ½ turn left
11-12 Pivot ½ turn left on left, stepping right next to left (weight should end on right foot)
13-14 Rock back on left, rock forward on right
15-16 Step left beside right, hold

ROCK STEP, ½ TURN RIGHT HOLD, LEFT LOCK STEP, HOLD

17-18 Rock forward on right, rock back on left
19-20 Step right ½ turn right, hold
21-22 Step forward left, lock right behind left
23-24 Step forward left, hold

REVERSE RUMBA BOX

25-26 Step right to right side, close left next to right
27-28 Step back right, hold
29-30 Step left to left side, close right next to left
31-32 Step forward left, hold

CHASSE RIGHT WITH HITCH, CHASSE LEFT ¼ TURN HOOK

33-34 Step right to right side, close left to right
35-36 Step right to right side, hitch left knee
37-38 Step left to left side, close right to left
39-40 Step left to left side, on ball of left make ¼ turn right, hook right heel across left

RIGHT LOCK STEP, HOLD, LEFT LOCK STEP, HOLD

41-42 Step right forward, lock left behind right
43-44 Step right forward, hold
45-46 Step left forward, lock right behind left
47-48 Step left forward hold

WEAVE RIGHT, SIDE ROCK, STOMPS

49-50 Step right to right side, cross left behind right
51-52 Step right to right side, cross left in front of right
53-54 Rock to right side on right, rock onto left in place
55-56 Stomp right in place twice

¼ PIVOT LEFT TWICE, UNWIND ½ TURN LEFT, SIT DOWN & UP

57-58 Step forward right, ¼ pivot left
59-60 Step forward right, ¼ pivot left
61-62 Cross touch right over left, unwind ½ turn left

63-64

Slightly bend knees, straighten knees

REPEAT

TAG

(When dancing to Getting In The Mood):after the 6th repetition of dance, dance steps 63-64 four times more slightly bending both knees right, left, right, left, or do your own thing!
