

In The Mood

拍數: 48 牆數: 2 級數: Improver
編舞者: Angie Sloane (UK)
音樂: Gettin' in the Mood - The Brian Setzer Orchestra



TOE STRUT, TOE STRUT, BACK, TOGETHER, HEEL, TOGETHER

1-2 Touch right toe diagonally forward right, lower right heel
3-4 Touch left toe diagonally forward left, lower left heel
Feet are shoulder width apart
5-6 Step right foot back, step left foot beside right foot
7-8 Touch right heel forward, step right foot beside left foot

TOE STRUT, TOE STRUT, BACK, TOGETHER, HELL, TOGETHER

9-10 Touch left toe diagonally forward left, lower left heel
11-12 Touch right toe diagonally forward right, lower right heel
Feet are shoulder width apart
13-14 Step left foot back, step right foot beside left foot
15-16 Touch left heel forward, step left foot beside right foot

SIDE, HOLD, STEP, HOLD, SIDE, STEP, SIDE, TOUCH

17-18 Step right foot to the right side, hold
19-20 Step left foot beside right foot, hold
21-22 Step right foot to the right side, step left foot beside
23-24 Step right foot to the right, touch left foot beside right foot

SIDE, HOLD, STEP, HOLD, SIDE, STEP, SIDE, TOUCH

25-26 Step left foot to the left side, hold
27-28 Step right foot beside left foot, hold
19-30 Step left foot to the left side, step right foot beside left foot
31-32 Step left foot to the left side, touch right foot beside left

On beats 17-32 add some styling, swivel heels and hips as you do each step

TOE STRUT, STEP, HOLD, ½ TURN, HOLD

33-34 Toe strut forward right
35-36 Toe strut forward left
37-38 Step right foot forward, hold
39-40 Pivot ½ turn left, hold

DIAGONAL STEPS FORWARD, HOLDS, SWIVEL WALK WITH JAZZ HANDS

41-42 Step right foot diagonally forward right, hold
43-44 Step left foot diagonally forward left, hold
45-46 Step right foot diagonally right, step left foot diagonally left
47-48 Step right foot diagonally right, step left foot diagonally left

On beats 41-48 swivel on heels as you walk forward, also hold hands up to shoulder height and wave hands (jazz hands)

REPEAT