

In The Mood

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Giles Redpath (UK)
音樂: Gettin' in the Mood - The Brian Setzer Orchestra



TOE STRUTS RIGHT, TWO KICKS, JUMP TURN

1-2 Right toe strut to right
3-4 Cross left toe strut over right
5-6 Kick right foot twice forward and to the right
7-8 Jump back on right behind left (lift left), step down on left ¼ to left (lift right)
7-8 can be exchanged with a step down

TOE STRUTS FORWARD, TWO KICKS, JUMP TURN

9-10 Right toe strut forward
11-12 Left toe strut forward
13-14 Kick right forward twice
15-16 Jump back on right turning ¼ to right, bring left next to right
15-16 can be exchanged with a step down

HEELS, TOES, HEELS TO RIGHT, JAZZ BOX ¼ TURN

17-18 Both heels to right, both toes to right
19-20 Both heels to right, hold
21-22 Cross right over left, step left foot back and to side
23-24 Turn ¼ right stepping right to right side, left next to right

MONTEREY TURNS TWICE ¼

25-26 Point right toe out to right side, bring in and turn ½ turn to right
27-28 Point left toe out to left side, bring in to right
29-30 Point right toe out to right side, bring in and turn ½ turn to right
31-32 Point left toe out to left side, bring in to right

THE DWIGHT! MONTEREY, HOOK

33 Weight on left toe twist left heel right, touch right toe next to left
34 Switch weight onto left heel turning left toes to right, touch right heel to ground
35-36 Repeat 33-34
37-38 Point right to right side, bring in and turn ½ turn over right shoulder
39-40 Point left toe to left side, hold
33-36 can be exchanged for heels, toes (twice) moving to right

CHARLESTON STEPS

41-42 Sweep left toe forward and touch, hold
43-44 Sweep left toe back and touch, hold
45-46 Sweep right toe back and touch, hold
47-48 Sweep right toe forward, hook right across left

REPEAT