

In The Gap

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Improver line/contra dance
編舞者: Robyn Hardeman
音樂: For a Change - Neal McCoy



Most fun when done contra: line up right shoulder to right shoulder, left shoulder to left shoulder (i.e. One person faces front, next person faces back, etc.)

ANGLE BACK TWO STEPS, STEP SLAP, STEP SLAP, STEP SLAP

& Start facing 1st wall, on count one, angle $\frac{1}{4}$ wall to right
1-2 Step right to right, step left next to right
3-4 Step right to right, slap left ankle behind with right hand
5-6 Step on left foot, slap right ankle behind with left hand
7-8 Step on right foot, slap left ankle behind with right hand

ROLLING VINE TO LEFT, STEP SLAP, STEP SLAP, STEP SLAP

9-10 Step left foot to left turning $\frac{1}{4}$ wall left, step right to right turning $\frac{1}{4}$ wall
11 Step left to left side turning $\frac{1}{2}$ wall to left (completing rolling vine to left)
12 Slap right ankle behind with left hand
13-14 Step on right foot, slap left foot behind with right hand
15-16 Step on left foot, slap right foot behind with left hand

STEP, STEP, HITCH, HITCH, LEFT HEEL JACK, RIGHT HEEL JACK

17-18 Step right to right side, step left behind right foot
19 Hitch right leg up (knee lift), hooking thumbs in belt loops, pivot $\frac{1}{8}$ to right
20 Hitch right leg up (knee lift), hooking thumbs in belt loops, pivot $\frac{1}{8}$ to right
&21&22 Step on right foot, bring left heel out in front, weight to left foot, step right foot next to left
&23&24 Step on left foot, bring right heel out in front, weight on right foot, step left foot next to right

CIRCLE HIPS, HEEL SWIVELS, SLAP, SLAP, STOMP, STOMP

25-26 Circle hips to the right
27-28 Swivel heels to right and back to center
29 Hitch right leg, with left hand slap inside of right ankle in front
30 Keeping leg hitched, with left hand slap outside of right ankle in front
31-32 Stomp right, stomp left

REPEAT
