

In The Back Seat

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Darren Mitchell (AUS)
音樂: Back In the Backseat - Ronan Keating



PIVOT TURN, SIDE-ROCK-ACROSS, SIDE-ROCK-BEHIND, SIDE ROCK, ROCK

1-2 Pivot: step right forward, turn ½ turn left, take weight onto left
3&4 Step right to the side, side rock onto left, step right across in front of left
5&6 Step left to the side, side rock onto right, step left behind right
7-8 Step right to the side, side rock onto left

BEHIND, ¼ TURN, ½ TURN SHUFFLE, COASTER STEP, HEEL-BALL-STEP

1-2 Step right behind left, turn ¼ turn left step left forward
3&4 Turn ½ turn left shuffle back: right-left-right
5&6 Coaster: step left back, step right together, step left forward
7&8 Touch right heel forward, step right together, step left forward

FORWARD, FORWARD, HIP-HIP-¼ TURN, FORWARD, FORWARD, HIP-HIP-¼ TURN

1-2 Step right forward, step left forward
3& Step right to the side pushing hips right, push hips left
4 Turning ¼ turn left push hips back, weight on right
5-6 Step left forward, step right forward
7& Step left to the side pushing hips left, push hips right
8 Turning ¼ turn right push hips back, weight on left

TOUCH, ½ TURN, HEEL-BALL-STEP, FORWARD, FORWARD, FORWARD, BACK

1-2 Touch right toe back, unwind ½ turn right, take weight onto right
3&4 Touch left heel forward, step left together, step right forward
5-6 Step left forward, step right forward
7-8 Step left forward, rock back onto right

SCOOT-STEP-SCOOT-STEP, COASTER STEP, FORWARD, FORWARD-SCOOT-STEP-SCOOT-STEP

&1&2 Scoot back on right, step left back, scoot back on left, step right back
3&4 Coaster: step left back, step right together, step left forward
5-6 Step right forward, step left forward
&7&8 Scoot back on left, step right back, scoot back on right, step left back

SIDE ROCK, ROCK, SAILOR STEP, SAILOR STEP, BACK, FORWARD

1-2 Step right to the side, side rock onto left
3&4 Sailor: step right behind left, step left to the side, step right to the side (traveling back)
5&6 Sailor: step left behind right, step right to the side, step left to the side (traveling back)
7-8 Step right back, rock forward onto left

½ TURN TOE, HEEL, 1 ½ TRIPLE TURN, ½ TURN TOE, HEEL, ½ TURN SHUFFLE

1-2 Touch right toe forward, turn ½ turn left, drop right heel down
3&4 Turning 540 degrees left triple step: left-right-left
5-6 Touch right toe forward, turn ½ turn left, drop right heel down
7&8 Turn ½ turn left, shuffle forward: left-right-left

PADDLE TURN, SHUFFLE ACROSS, HINGE TURN, ACROSS, TOUCH

1-2 Paddle turn: step right forward, turn ¼ turn left take weight onto left

3&4 Shuffle right across in front of left: right-left-right
5-6 Step left to the side, turn $\frac{1}{2}$ turn right step right to the side
7-8 Step left across in front of right, touch right toe to the side

REPEAT
