

In The Army

拍數: 32 牆數: 2 級數: Improver
編舞者: Cindy Truelove (AUS) & Jeff Frisina (AUS)
音樂: I'm A Soldier - Lyle Lovett



KICK-STEP-CLAP X 4

1&2& Kick right forward, step right forward & clap, kick left forward, step left forward & clap
3&4&1&2& Kick right forward, step right forward & clap, kick left forward, step left forward & clap

ROCK RIGHT SIDE & STEP TOGETHER, ROCK LEFT SIDE & STEP TOGETHER

5&6 Rock right to side, return weight to left, step right together
7&8 Rock left to side, return weight to right, step left together

TOE STRUT TO RIGHT THEN LEFT SIDE, TOE STRUT RIGHT & THEN LEFT

1&2& Touch ball of right to side, drop heel, touch ball of left to side, drop heel
3&4& Touch ball of right to center, drop heel, touch ball of left to center, drop heel

¼ PIVOT TURN LEFT TWICE

5-6 Step right forward, pivot turn ¼ left
7-8 Step right forward, pivot turn ¼ left

RIGHT TOE-HEEL, STEP FORWARD, LEFT TOE-HEEL, STEP FORWARD

1&2 Touch right toe inwards, touch/dig right heel beside left, step right slightly forward
3&4 Touch left toe inwards, touch/dig left heel beside right, step left slightly forward

ROCK RIGHT BACK, STEP FORWARD LEFT-RIGHT-LEFT

5-6 Long rock/step back on right (exaggerate) raising left, step forward on left
7-8 Walk forward right-left

CHARLESTONS TWICE

1-4 Step right forward, touch left heel forward, step left back, touch right toe back
5-8 Step right forward, touch left heel forward, step left back, touch right toe back

REPEAT
