

In The Air

拍數: 32 牆數: 4 級數: Improver
編舞者: Alan Birchall (UK)
音樂: Love Is In The Air (Radio Edit) - Milk & Sugar Versus John Paul Young



Omit Tag when using the Nadine Somers Track

SIDE, TOGETHER, SIDE CLOSE, SIDE, CROSS ROCK, SIDE SHUFFLE WITH ¼ TURN

1-2 Step right to right, step left by right
3&4 Step right to right, step left by right, step right to right
5-6 Rock left over right, recover on right
7&8 Step left to left, step right by left, step left to left making ¼ turn left (facing 9:00)

FULL TURN LEFT, FORWARD SHUFFLE, ROCK RECOVER, ½ SHUFFLE TURN

1-2 Step forward on right, making ½ turn left, step back on left making ½ turn left (alternative walk forward)
3&4 Step forward on right, step left by right, step forward on right
5-6 Rock forward on left, recover on right
7&8 Make ½ shuffle turn left stepping left, right, left (facing 3:00)

STEP, HOLD, TOGETHER, SIDE, TOGETHER, SIDE, CROSS ROCK RECOVER, 1¼ SHUFFLE TURN

1-2 Step right to right, hold
&3 Step left by right, step right to right
&4 Step left by right, step right to right
5-6 Cross rock left over right, recover on right
7&81 ¼ shuffle turn over left shoulder stepping left, right, left ¼ turn left (facing 12:00 - alternative side shuffle with ¼ turn)

STEP ½ PIVOT, FORWARD SHUFFLE, STEP ¼ PIVOT, CROSS SHUFFLE

1-2 Step forward on right, make ½ pivot left (facing 6:00)
3&4 Step forward on right, step left by right, step forward on right
5-6 Step forward on left, make ¼ pivot right (facing 9:00)
7&8 Cross left over right, step right to right, cross left over right

REPEAT

Feel Free to use Cuban Hips or add any variations you are comfortable with and have FUN!

TAG

This is performed once each time in the chorus only! On the words 'love is in the air'. The first time after the 3rd wall, the second time after the 9th wall

HEEL JACKS, SAILOR STEPS

1& Step back on right, extend left heel forward
2& Step left by right, touch right by left
3& Step back on left, extend right heel forward
4& Step right by left, step left by right (weight on left)
5&6 Cross right behind left, step left to left, step right by left
7&8 Cross left behind right, step right to right, step left by right