In My Pocket



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Billie Vee (UK)

音樂: In My Pocket - Mandy Moore



TOE TOUCHES, HEEL FLICK, KICK CROSS STEP SIDE, TOE TOUCH, HEEL TAPS

1-2	Touch right toes in front of left foot, touch right toes out to the side

Touch right toes in front of left foot, flick both heels to the right, bring heels back to center

Low kick forward with right foot, cross right foot over left, step back with left foot

&7&8 Step right foot next to left, touch left toes forward, tap left heel twice (&8)

RECOVER ONTO LEFT FOOT, STEP ½ TURN, KICK, STEP RIGHT & LEFT, HIP BUMPS

&9-10	Step left foot next to right, step forward on right foot, make ½ turn left (6:00)
11&12	Low kick forward with right foot, step right foot out to right, step left foot out to left
13-14	Bump hips to right twice

15-16 Bump hips to left twice

STEP 1/4 TURN, KICK, SYNCOPATED WEAVE, ROCK RECOVER STEP BACK, TOUCH

17-18	Sten 1/4 turn	on right foot (9.00)	low kick forward with	left foot

&19	Step left foot across right, step right foot to side
&20	Step left foot behind right, step right foot to side

21-22 Rock forward onto left foot, rock backward on to right foot

23-24 Step back on left foot, touch right toes backward

FORWARD CROSSING STEPS WITH TOUCHES, SYNCOPATED JAZZ BOX, TOUCH HITCH TOUCH

25-26	Step forward crossing right foot over left, touch left foot to side
27-28	Step forward crossing left foot over right, touch right foot to side
29&30	Step right foot over left, step back on left foot, step right foot to side

&31 Step left foot next to right foot, touch right foot to side

&32 Hitch right knee, touch right foot to side

REPEAT

TAG

To be danced once at the end of the 2nd wall, and twice at the end of the 5th wall

1-2	Step right foot across front of left, step left foot to side
3-4	Step right foot behind left, touch left foot to side
5-6	Step left foot behind right, step right to side
7-8	Step left foot across front of left, touch right foot to side