

In My Heart

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jos Slijpen (NL)
音樂: You'll Be In My Heart - Phil Collins



SIDE ROCK RIGHT, TOGETHER, SIDE ROCK LEFT, TOGETHER, BACK ROCK, WALK FORWARD RIGHT, LEFT

1-2 Side rock right on right, recover on to left
&3-4 Step right next to left, side rock left on left, recover on to right
5-6 Rock back on left, recover on to right
&7-8 Step left next to right, walk forward on left, right

FORWARD STEP, PIVOT ¼ TURN LEFT, CROSS, SIDE STEP LEFT, SIDE KICK RIGHT, BEHIND, SIDE ROCK LEFT, TOGETHER, FORWARD RIGHT

1-2 Step forward on right, pivot ¼ turn left (9:00)
&3-4 Cross step right over left, step left to left side, kick right out to right side
5-6 Step right behind left, step left to left side
&7-8 Recover weight on right, step left next to right, step forward right

HEEL GRIND WITH ¼ TURN RIGHT, TOGETHER, SIDE ROCK RIGHT, RECOVER ¼ TURN LEFT, FORWARD ROCK RIGHT, ¼ TURN RIGHT, TOGETHER, ¼ TURN RIGHT

1-2 Dig right heel forward, make ¼ turn right stepping back on right (12:00)
&3-4 Step left next to right, rock right out to right side, make ¼ turn left recovering weight on left (9:00)
5-6 Rock forward right, recover weight on left
&7-8 Make ¼ turn right stepping right to right side, step left together, make ¼ turn right stepping forward on right (3:00)

FORWARD ROCK LEFT, TOGETHER, FORWARD ROCK RIGHT, SIDE STEP RIGHT, BACK ROCK RIGHT, TOGETHER, SIDE STEP LEFT, TOUCH TOGETHER

1-2 Rock forward on left, recover on to right
&3-4 Step left next to right, rock forward on right, recover on to left
5-6 Rock back on right, recover on to left
&7-8 Step right to right side, step left slightly to left side, touch right next to left (3:00)

REPEAT

TAG

At the end of wall 4 (facing 12:00:00) add the following 4 counts

1-4 Sway right-left-right-left