

In My Car

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Maggie Gallagher (UK)
音樂: In My Car (I'll Be The Driver) (Blue) - Shania Twain



HIP BUMPS, LEFT HITCH, ¼ TURN LEFT, STEP RIGHT, ½ TURN LEFT, STEP RIGHT

1-2 Stepping out to right, bump hips right, left
3&4 Hip bumps right-left-right ending with little left hitch
5-6 ¼ turn left stepping on left, step forward onto right
7-8 Pivot ½ turn left stepping onto left, step forward onto right

(STEP FORWARD LEFT-RONDE RIGHT, ROCK & RECOVER) TWICE

9-10 Step forward onto left, ronde forward sweeping right across left
11&12 Cross right over left, rock to left, recover back to right
13-14 Step forward onto left, ronde forward sweeping right across left
15&16 Cross right over left, rock to left, recover back to right

CROSS LEFT, STEP TO RIGHT, HEEL JACK, CLOSE, CROSS, ¼ RIGHT, CHASSE RIGHT

17-18 Cross left over right, step to right side
19&20 Cross left behind right, step right to right side & tap left heel forward
&21-22 Step left next to right, cross right over left, ¼ turn right stepping back on left
23&24 Step right to right side, close left to meet right, step right to right side

ROCKS WITH INDIAN ARMS ON RIGHT DIAGONAL, ROCKS WITH INDIAN ARMS ON LEFT DIAGONAL

25-26 (On diagonal to right corner) forward cross rock left over right, rock back onto right
27&28 Still on right diagonal cross rock onto left, rock back onto right, cross rock on left

Styling note (rocks to be bouncy and arms may be held at shoulder height with palms upwards in an Indian style)

29-30 (Turning slightly to a left diagonal) forward cross rock right over left, rock back onto left
31&32 Still on left diagonal cross rock onto right, rock back onto left, cross rock on right

Styling note (rocks to be bouncy and arms may be held at shoulder height with palms downwards in an Indian style)

ROCKS, TRIPLE TURN LEFT, RIGHT ROCK, RECOVER, RIGHT COASTER STEP

33-34 Rock forward on left, rock back on right
35&36 Full triple turn around to the left (triple left right left)
37-38 Rock forward right, rock back onto left
39&40 Step back on right, close left next to right, step forward on right

ROCKS, SYNCOPATED WEAVE, ROCKS, HEEL SWIVELS

41-42 Rock to left side, rock to right side
43&44 Cross left behind right, step right to right side, cross left in front of right
45-46 Rock out to right side, rock back to left side
47&48 Touch right toe in front of left, swivel both heels out and in (ending with weight on left ready to start again)

Styling note (arms placed in front of chest with palms together pointing upwards during swivels)

REPEAT