

In & Out

拍數: 48 牆數: 4 級數:
編舞者: Kelly Kaylin (CAN)
音樂: You Walked In - Lonestar



STEP-BEHIND, BALL CROSS, UNWIND, STEP DRAG

1-2 Step side left, step right behind left
&3 Quickly step left foot home, cross right over left
4 Hold position
&5 Quickly step side left on left, cross right over left
6 Unwind full turn to the left (facing front wall)
7-8 Step side right on right, drag left in beside right

STEP-BEHIND, BALL CROSS, UNWIND, STEP DRAG

9-10 Step side right with right, step left behind right
&11 Quickly step right foot home, cross left over right
12 Hold position
&13 Quickly step side right on right, cross left over right
14 Unwind full turn to the right (facing front wall)
15-16 Step side left on left, drag right in beside left

SIDE-ROCK-CROSS, COASTER STEP, ROCK STEP, TRIPLE STEP

17&18 Rock side right on right, step left beside right, cross right over left while unwinding a ½ turn left
19&20 Step back on left, quickly step right beside left, step forward on left
21-22 Rock forward on right, step in place with left
23&24 Triple step right, left, right, while turning a ½ turn right (facing original wall)

TOE TOUCHES FORWARD, TOE TOUCHES BACK

Travel slightly forward on forward touches, and back on back touches

25&26 Touch left toe to the left side, step left home, touch right toe to the right side
&27 Step right home, touch left toe to the left side
28 Hold position
&29 Step left home, touch right toe to the right side
&30 Step right home, touch left toe to the left side
&31 Step left home, touch right toe to the right side
32 Hold position

COASTER STEP WITH ¼ TURN RIGHT, ½ TURN PIVOT

33&34 Step back on right, step left beside right, step forward on right while making a ¼ turn right
35-36 Step forward on left, pivot ½ turn right on the ball of left foot

ROCK STEP, COASTER STEP, STEP TOUCHES

37-38 Rock forward on left, step in place with right
39&40 Step back on left, quickly step right beside left, step forward on left
41-42 Step forward on right on a 45 degree angle, touch left beside right
43-44 Step back on left on an angle, touch right beside left

COASTER STEP, PIVOT ½ TURN

45&46 Step back on right, quickly step left beside right, step forward on right
47-48 Step forward on left, pivot ½ turn right on the ball of left foot

REPEAT
