

In A Moment

拍數: 52 牆數: 2 級數: Intermediate
編舞者: Thomas O'Dwyer (AUS)
音樂: Living In a Moment - Ty Herndon



- 1-2 Step left forward at 45 degrees right (turning body), rock back onto right (facing front)
3-4 Step left to left side turning $\frac{1}{4}$ turn left, hold
- 5&6 Shuffle forward right-left-right turning $\frac{1}{2}$ turn left
7-8 Step back on left turning $\frac{1}{4}$ turn left, step right across in front of left
9&10 Shuffle to left (left-right-left)
- 11-12 Step right forward at 45 degrees left (turning body), rock back onto left (facing front)
13-14 Step right to right side turning $\frac{1}{4}$ turn right, hold
- 15-16 Step left forward turning $\frac{1}{2}$ turn right, step back on right turning $\frac{1}{4}$ turn right
17-18 Step left across in front of right, step right to right side turning $\frac{1}{4}$ turn left
19&20 Shuffle back left-right-left turning $\frac{1}{2}$ turn left
21-22 Step forward on right pivoting $\frac{1}{2}$ turn left, rock forward onto left
- 23&24 Shuffle forward right-left-right
25&26 Shuffle forward left-right-left
- 27-28 Step right forward turning $\frac{1}{2}$ turn left, step back on left turning $\frac{1}{2}$ turn left
- 29& Scuff ball of right forward, step right in place (slightly forward of left)
30& Touch left toe behind right, step down on left (slightly back of right)
31& Touch right heel forward, step right beside left
32& Touch left heel forward, step left beside right
- 33& Touch right heel forward at 45 degrees right, hook right across left shin
34& Touch right heel forward at 45 degrees right, step right beside left
35& Touch left heel forward at 45 degrees left, hook left across right shin
36& Touch left heel forward at 45 degrees left, step left beside right
- 37-38 Step back on right, rock/step forward on left turning $\frac{1}{4}$ turn left
39-40 Step right to right side, rock onto left
- 41-42 Step ball of right across and behind left, drop right heel to floor & click right fingers
&43-44 Step left to left side, step ball of right across & behind left, drop right heel & click right fingers
- 45-46 Step left to left side turning $\frac{1}{2}$ turn left, step right to right side turning $\frac{1}{2}$ turn left
47&48 Shuffle to left left-right-left
- 49-50 Rock/step back on right, rock forward on left
51-52 Step right forward at 45 degrees right, hold

REPEAT