Impressions



拍數: 36 牆數: 2 級數: Improver

編舞者: Sarah Byrne (UK)

音樂: That Don't Impress Me Much (Dance Mix) - Shania Twain



RIGHT KICK CROSS POINT, LEFT KICK CROSS POINT

1&2 Kick right foot forward, cross right foot over left, point left out to left side 3&4 Kick left foot forward, cross left foot over right, point right out to right side

RIGHT HEEL JACK, RIGHT SHUFFLE

&5&6 Step back on right, bring left heel forward, step left foot back into place, touch right next to left

7&8 Shuffle forward stepping right, left, right

ROCK STEP, TURN SHUFFLE

9-10 Rock forward onto left, return weight back onto right

11&12 Make ½ turn over left shoulder as you shuffle left, right, left

TURN SHUFFLE, ROCK STEP

13&14 Make ½ turn over left shoulder as you shuffle right, left, right

15-16 Rock back onto left, return weight forward onto right

CROSS, SIDE, CROSS, HOLD WITH CLAP

17-18 Cross/touch left toe diagonally across right, touch left toe out to left side

19-20 Cross/step left foot diagonally across right, hold and clap.

CROSS, SIDE, CROSS HOLD WITH CLAP

21-22 Cross/touch right toe diagonally across left, touch right toe out to right side

23-24 Cross/step right foot diagonally across left, hold and clap

SYNCOPATED STOMPS FORWARD

825 Bring left foot up behind right, stomp right foot forward
826 Bring left foot up behind right, stomp right foot forward
827 Bring left foot up behind right, stomp right foot forward

28 Stomp left foot next to right

SIDE SWITCHES, WITH A TURN

Touch right toe out to right side, bring right back to place
Touch left toe out to left side, bring left back to place

31-32& Tap right toe to right side twice, make ½ turn right as you quickly step onto right

SIDE SWITCHES

Touch left toe out to left side, bring left back to place
Touch right toe out to right side, bring right back to place
Tap left toe out to side, bring left foot back to place

All the above switches are done with the upper body moving /angling away from whatever way the foot is. (e.g.: When right foot is out to side body should be moving off to left side)

REPEAT