Impressions



拍數: 56 牆數: 2 級數: Intermediate

編舞者: Chris Hodgson (UK) & Richard Hodgson (UK)

音樂: That Don't Impress Me Much (Dance Mix) - Shania Twain



INTRO

3RD POSITION (RIGHT HEEL TO LEFT INSTEP, LEFT LEG STRAIGHT) HEEL LIFTS

1 Push right heel into floor-as you do this-left heel lifts slightly off floor

2 Drop left heel to floor (keeping leg straight)-as you do this, right heel lifts slightly up

3-16 Repeat counts 1-2 again 7 more times clicking right hand fingers

THE MAIN DANCE

KICK-KICK-BACK-FORWARD-FORWARD / ½ TURN LEFT / STEP / HIP BUMPS

1-2 Kick right foot forward twice

&3-4 Step back on right foot, step slightly forward on left, step forward on right

5-6 Pivot ½ turn left, step forward on right foot 7&8 Bump hips forward right, back left, forward right

MASHED POTATOES BACK / SCUFF-SCOOT-STEP TWICE

&1	On balls of both feet split heels apart, cross right foot behind left bringing heels in
&2	On balls of both feel split heels apart, cross left foot behind right bringing heels in

&3&4 Repeat counts &1&2 of this section again

Scuff right foot forward, scoot forward on ball of left foot, step forward on right foot 7&8 Scuff left foot forward, scoot forward on ball of right foot, step forward on left foot

BACK-TOG-BACK 1/2 TURN / STEP / ELVIS ROLL (RIGHT KNEE) / CHASSE RIGHT

1-2	Sten back on	right foot, step	left foot nex	t to right
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3-4 Step back on right foot making ½ turn right, step left slightly apart from right foot

5-6 Roll right knee out twice

7&8 Step right to right side, step left next to right, step right to right side

KICK TWICE / VINE LEFT 1/4 TURN / STEP-HITCH TWICE

1-2 Kick left foot forward twice

3&4 Step left to left side, cross right behind, step left to left side making ½ turn left hitching up

right knee

5-6 Step right slightly to right, hitch left knee up 7-8 Step left slightly to left, hitch right knee up

WALK BACK / HITCH 1/4 TURN LEFT / WALK TWICE / ELVIS ROLL (RIGHT KNEE)

1-4 Step back on right-left-right, hitch left knee making ¼ turn left

5-6 Step forward left, step right next to left

7-8 Roll right knee out twice

CHASSE RIGHT / KICK TWICE / VINE LEFT / HITCH

1&2 Step right to right side, step left next to right, step right to right side

3-4 Kick left foot forward twice

5-6 Step left to left side, cross right behind7-8 Step left to left side, hitch right knee up

STEP BACK / HOLD / SWING ARM AROUND TO FRONT AND POINT

1-2 Long step back on right foot-taking right arm back in line with right foot while placing left hand

on left thigh (leaning whole body slightly back)

- 3-4 Continue to take straight right arm over right shoulder (in a circle to end facing forward) pointing right index finger forward, (transferring body weight forward)
- 5-8 Body still in same position, point right index finger forward 4 times

REPEAT